



Nestlé Good food, Good life

Sustainable Packaging @ Nestlé

Dr. Nico Galaffu, May 2025



Food Packaging



Nestlé's Vision for Packaging Sustainability

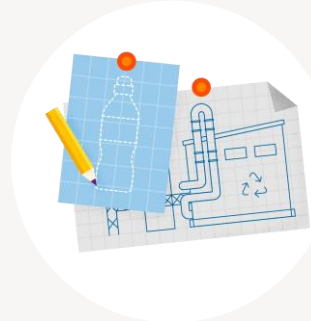
NONE OF OUR PACKAGING ENDS UP IN LANDFILL OR AS LITTER



Our commitments for 2025



REDUCE
our use of
virgin plastics
by a third



DESIGN

more than 95% of our plastic packaging for recycling, while working toward 100% recyclable or reusable



ENGAGE

in the development of collection, sorting & recycling systems where we operate

Toward Zero Carbon Emission by 2050

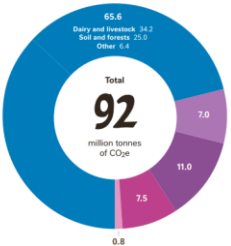
Sustainability includes Ingredients, Manufacturing and Packaging

Product emissions from farm to fork



Nestlé's in-scope GHG emissions by operation (92 out of 113)
million tonnes of CO₂e, in 2018

Scope 3			
	Sourcing our ingredients	65.6	71.4%
Scope 1, 2 & 3			
	Manufacturing our products	7.0	7.7%
Scope 3			
	Packaging our products	11.0	11.9%
Scope 3			
	Managing logistics	7.5	8.2%
Scope 3			
	Travel and employee commuting	0.8	0.8%
Figures have been rounded.			



Sourcing our ingredients 71.4 %

Packaging our products 11.9 %

Manufacturing our products 7.7 %

Our packaging sustainability

FIVE PILLAR STRATEGY

Nestlé's five pillar strategy helps us on our journey to our long-term vision: that **none of our packaging ends up in landfill or as litter.**

LESS PACKAGING



1

REDUCE

Reducing our use of **plastic packaging material** in general, and **virgin plastics** in particular

BETTER PACKAGING



2

REUSE & REFILL

Scaling **Reusable** and **Refillable** systems to eliminate the need for **disposable packaging**



3

REDESIGN

Pioneering **alternative packaging materials** to facilitate recycling



4

RECYCLE

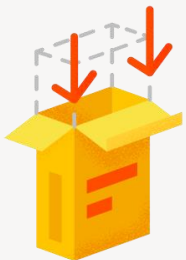
Supporting **infrastructure** that helps to shape a **waste-free future**



5

RETHINK BEHAVIORS

Rethinking behaviors of **Nestlé, retail partners** and **consumers**



1 REDUCE

Reducing our use of packaging material

Packaging sustainability
FIVE PILLAR STRATEGY:
LESS PACKAGING



REDUCING PACKAGING COMPLEXITY

- Removing unnecessary plastic lids
- Eliminating plastic accessories
- Eliminating unnecessary plastic layers and films



INCREASING USE OF RECYCLED CONTENT

- Shrink films made of recycled material
- Recycled paper for non-food contact
- Bottles made from up to 100% recycled PET

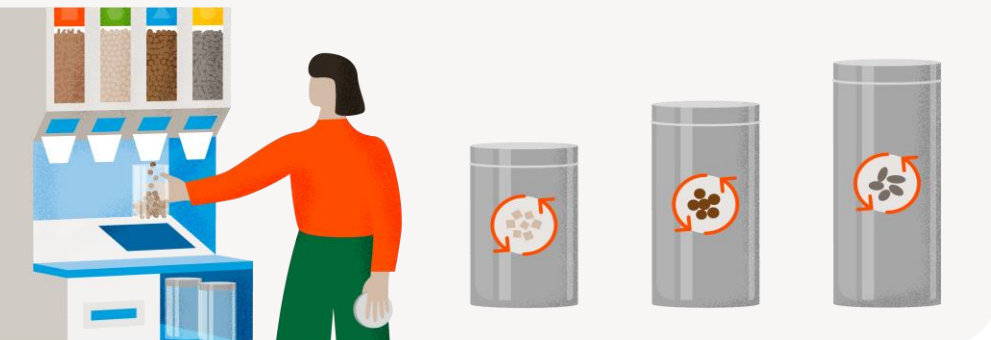


② REUSE & REFILL

Scaling different models of packaging-free delivery systems

Packaging sustainability
FIVE PILLAR STRATEGY:
LESS PACKAGING

- Reusable containers
- Refill systems
- Single-dose dispensers
- In-store dispensers
- Bulk Home Refill Options





③ REDESIGN

Pioneering alternative materials to facilitate recycling

Packaging sustainability
FIVE PILLAR STRATEGY:
BETTER PACKAGING

Finding opportunities for
paperization and the transition
to mono-material polymers

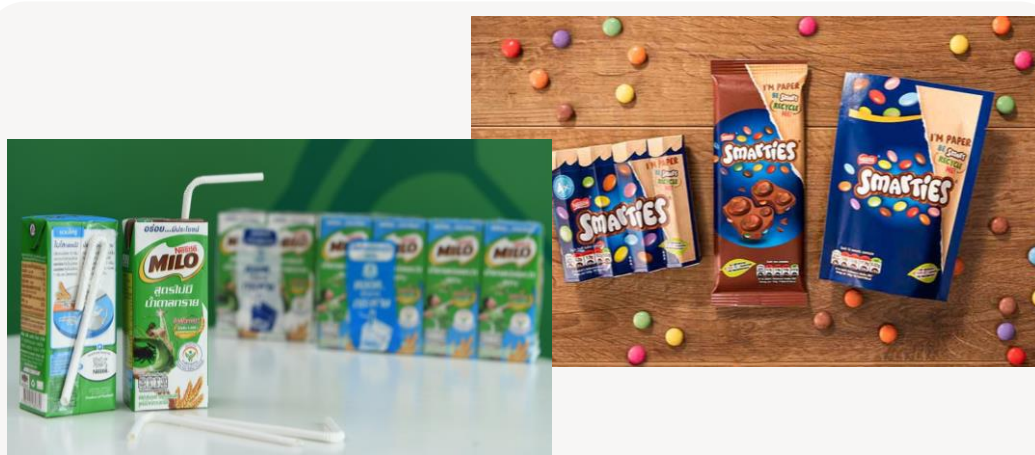




3 REDESIGN

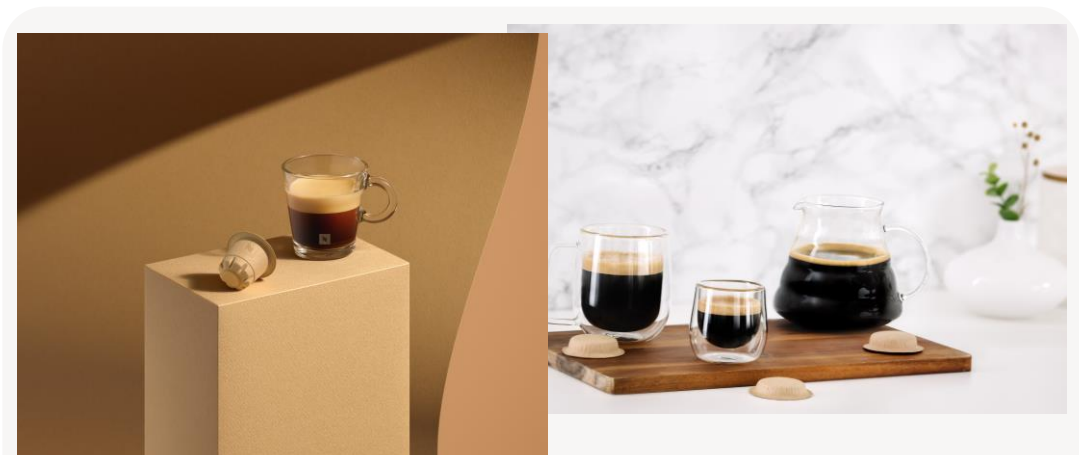
Pioneering alternative packaging materials

Packaging sustainability
FIVE PILLAR STRATEGY:
BETTER PACKAGING



PACKAGING PAPERIZATION

- Replacing plastic with paper
- Creating packaging fit for local waste infrastructure
- Innovating for protection in hot and humid climates



COMPOSTABLE COFFEE CAPSULES

- Pioneering compostable paper-based coffee capsules
- Designed for municipal composting infrastructure
- Collaborating to create new supplier partnerships, paper technologies and manufacturing processes

Nestlé Institute of Packaging Science



- **40 scientists** conducting cutting edge research for **safety and performance** of new materials
- Redesigning multi-material to mono-material, high-performance paper barriers and recycled content
- Part of a larger ecosystem of our **global R&D network**



4 RECYCLE

Supporting infrastructure shaping a waste-free future

Packaging sustainability
FIVE PILLAR STRATEGY:
BETTER SYSTEM



FOOD-GRADE RECYCLED PLASTIC MARKETS

- Venture fund supporting start-ups (~CHF 250 m)
- Creating markets with CHF 1.5 bn committed for food-grade recycled plastic purchasing
- Exploring opportunities for investment in innovation



PARTNERSHIPS IN INFRASTRUCTURE

- Engaging in over 215 waste collection, sorting, recycling and education projects and activities globally
- Supporting development of recycled plastics supply chain, driving local employment and workplace safety



5 RETHINK BEHAVIORS

Rethinking behaviors in our operations, with partners and consumers

Packaging sustainability
FIVE PILLAR STRATEGY:
BETTER SYSTEM



EMPLOYEE TRAINING ON PACKAGING SUSTAINABILITY

- Rolling out a sustainable packaging education and training program to over 290'000 employees
- Accelerating behavior change and helping the company meet its packaging objectives



DRIVING CONSUMER RECYCLING BEHAVIORS

- Products designed to engage consumers in recycling and reuse
- Collection points and mail in bags in multiple markets (Retail sites, Nespresso)

Our packaging sustainability journey

We are accelerating our actions on plastic waste and are committed to making a difference everywhere we operate. We are making progress and there is more to come.



2019

- Inaugurated **Nestlé Institute of Packaging Sciences** – a unique centre of R&D expertise

2020

- Committed to **reduce virgin plastic use by 1/3 by 2025**
- Published **Net Zero Emissions** roadmap

2021

- **Supporting waste collection programs**, like Project STOP
- Transitioned Smarties to **paper packaging globally**
- **Phased out 4.7 billion plastic straws annually**

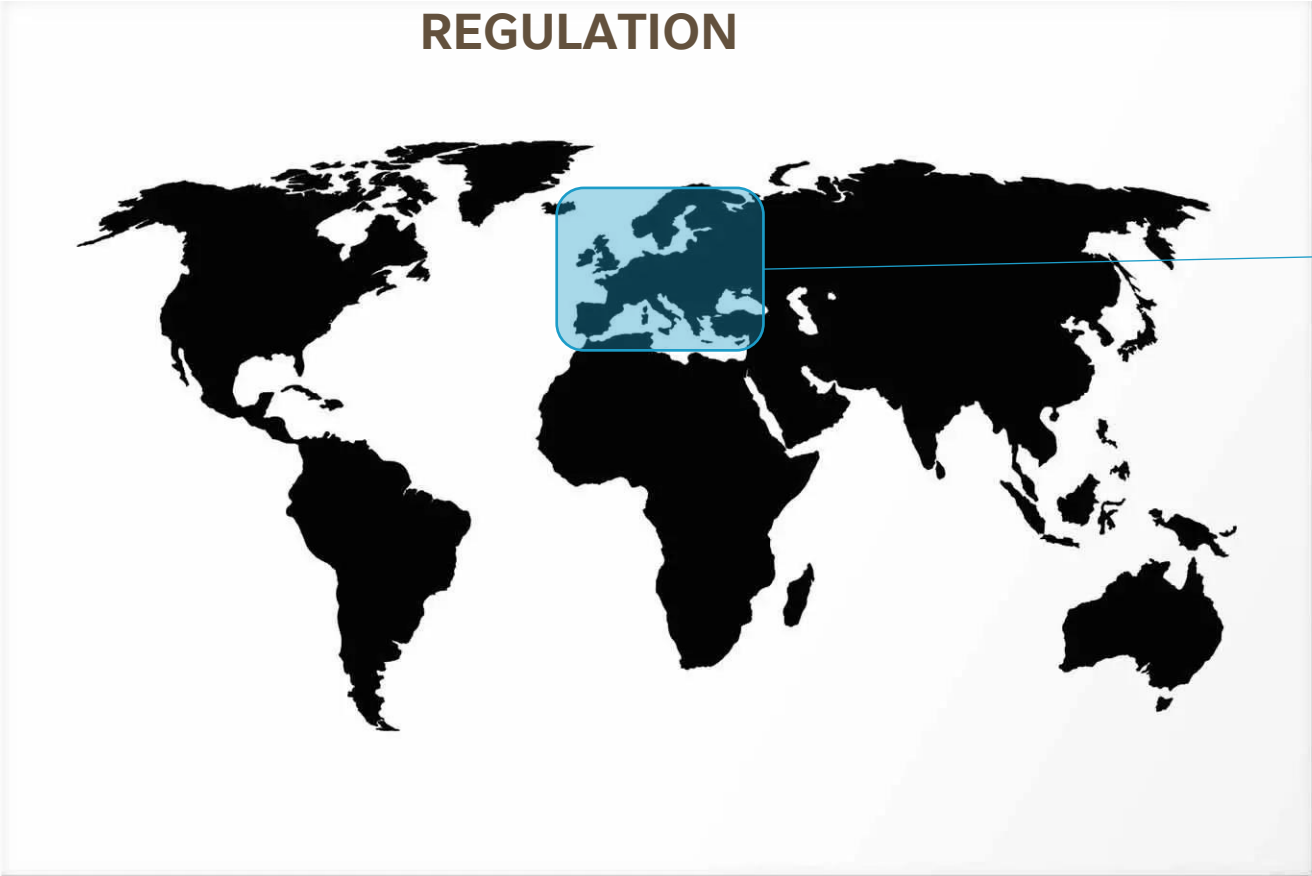
2022

- Conducted **20 Reuse pilots in 12 countries**
- Launched the **Fair Circularity Initiative** driving fair partnerships with wastepickers

2023

- **Supporting 215 packaging waste collection activities** driving packaging neutrality

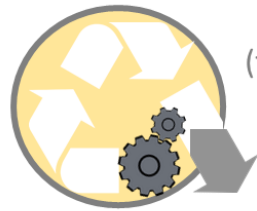
Packaging Regulatory



Packaging – Today's EOL treatment of packaging waste

Pros: material recycling (mainly PET, PP, PE), low energy technology and rather easily implementable
Requirements & output: clean input streams, limited food grade quality of recyclate (rPET), PP and PE mainly down-recycling (e.g., pipes)

Mechanical recycling



(typically PP, PE, PET items)



Landfill (managed)

Overview of current end-of-life treatments



Incineration

Pros: reduction in waste volume
Cons: loss of material, pollutant emissions (e.g., CO₂)



Energy recovery

Pros: energy recovery, electricity, heating
Cons: loss of material, pollutant emissions (e.g., CO₂)



(biodegradable packaging containing food residuals)



Organic recycling

Industrial composting

Home composting

Anaerobic digestion

Only applicable for certified, biodegradable materials and packaging. However, local regulations and acceptance at recycling plants prevails. The EU recommends organic recycling for food contaminated packaging, e.g., coffee capsules

In pilot or development phase

Solvent-based
Hydrolysis



Pyrolysis
Enzymatic

Chemical recycling

Pros: material recycling into base polymers or pyrolysis oil, semi-pure input stream, higher recyclate quality
Cons: Energy demanding technology, toxic catalysts & chemicals

Packaging and Packaging Waste Regulation (PPWR) – Europe 2024



Requirements



- **Minimization of packaging weight and volume** e.g., no double walls, false bottoms, and unnecessary layers, empty space ratio minimization for grouped, transport or e-commerce packaging up to max 40%.

- **Packaging format bans:**

- Single use packaging in HORECA channel, e.g. individual portions.
- No single use plastic grouped packaging in retail channel, e.g. plastic grouped packaging for bottles.

- **Recycled Content per unit (SKU)**

- Single Use Beverage Bottles
- Packaging (predominately made of PET)
- Packaging (made of non-PET plastic)
- Packaging for non-food/feed applications (exclusion medicinal and some medical devices)

These percentages are also valid for the plastic in paper packaging (paper laminate).

- **Design for recycling; five recyclability performance grades (A-E)**

- Grade E (< 70%) packaging is considered not recyclable
- Grade A (> 95%) packaging is considered recyclable

- **Packaging must be recyclable at scale** (sorting, collection and recycling available to at least 75% of population)

- **Composting is mandatory for very few applications** (Coffee Capsules, Fruit labels and Lightweight Bags)

Single Use Plastic Directive. Reg. 2019/914 - EU



items with available sustainable alternatives



Market Bans

items with no clear alternatives



Prevention Measures design requirements, consumption reduction, consumer information










Better Waste Management separate collection extended producer responsibility clean-up

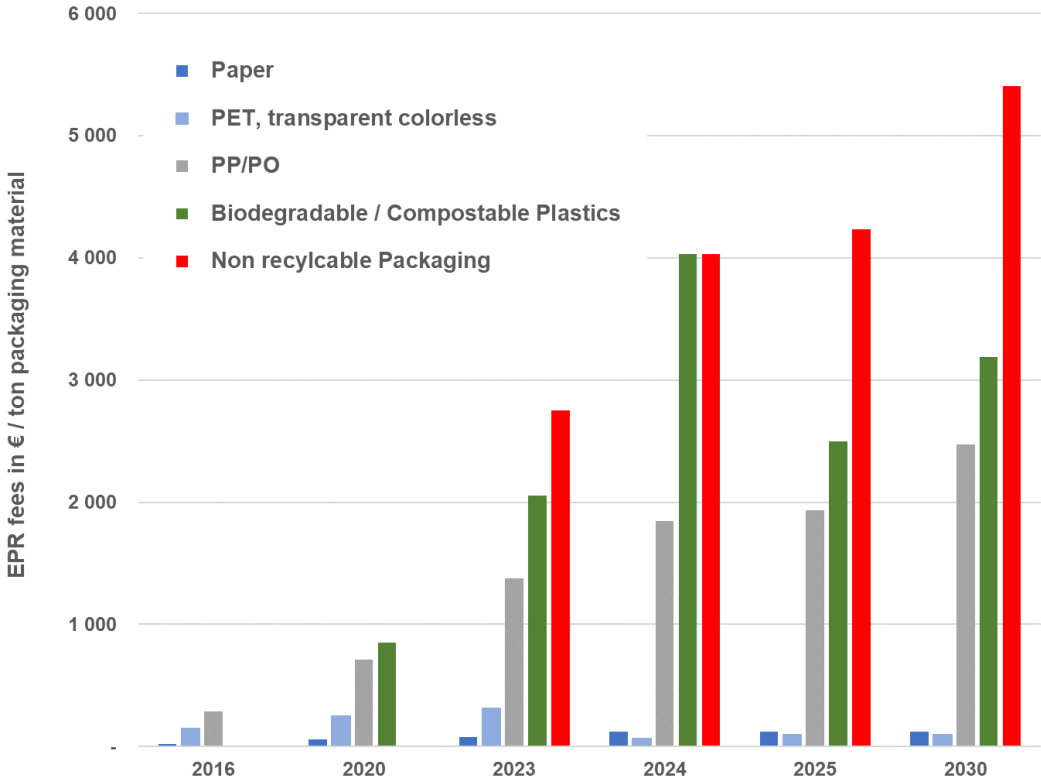


Proposed label on the product to inform consumer on presence of plastic

Single Use Plastic Directive 2019/904 – Europe 2019

Products in scope	SUP Category	Consequences
	Packets, wrappers	Higher EPR fees / Awareness raising*
	Beverage bottles including caps	Tethered caps / higher EPR fees / rContent / Awareness raising*
	Beverage container including caps	Tethered caps / Higher EPR fees / Awareness raising*
	Food container	Higher EPR fees / Consumption reduction** / Awareness raising*
 	Cups for beverage	Higher EPR fees / Marking requirement / Consumption reduction**
	Cutlery, plates, straws, stirrers	Ban

EXTENDED PRODUCER RESPONSIBILITY (EPR)
FEES OF DIFFERENT PACKAGING MATERIAL
FOR BELGIUM, 2023



* Consumption reduction means that the member states should arrive to ban the use.
 ** Awareness raising means inform the consumer that plastic is in the packaging - no labelling defined yet.

Packaging Technologies



Packaging – FUNDAMENTALS



Primary Packaging

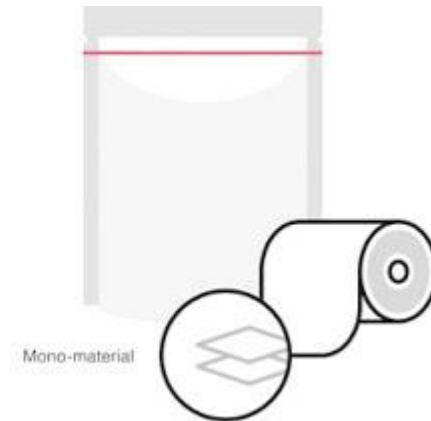
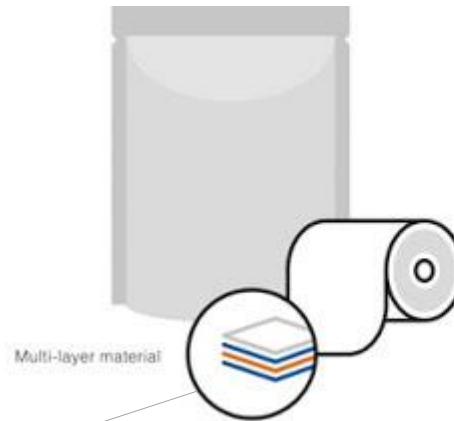
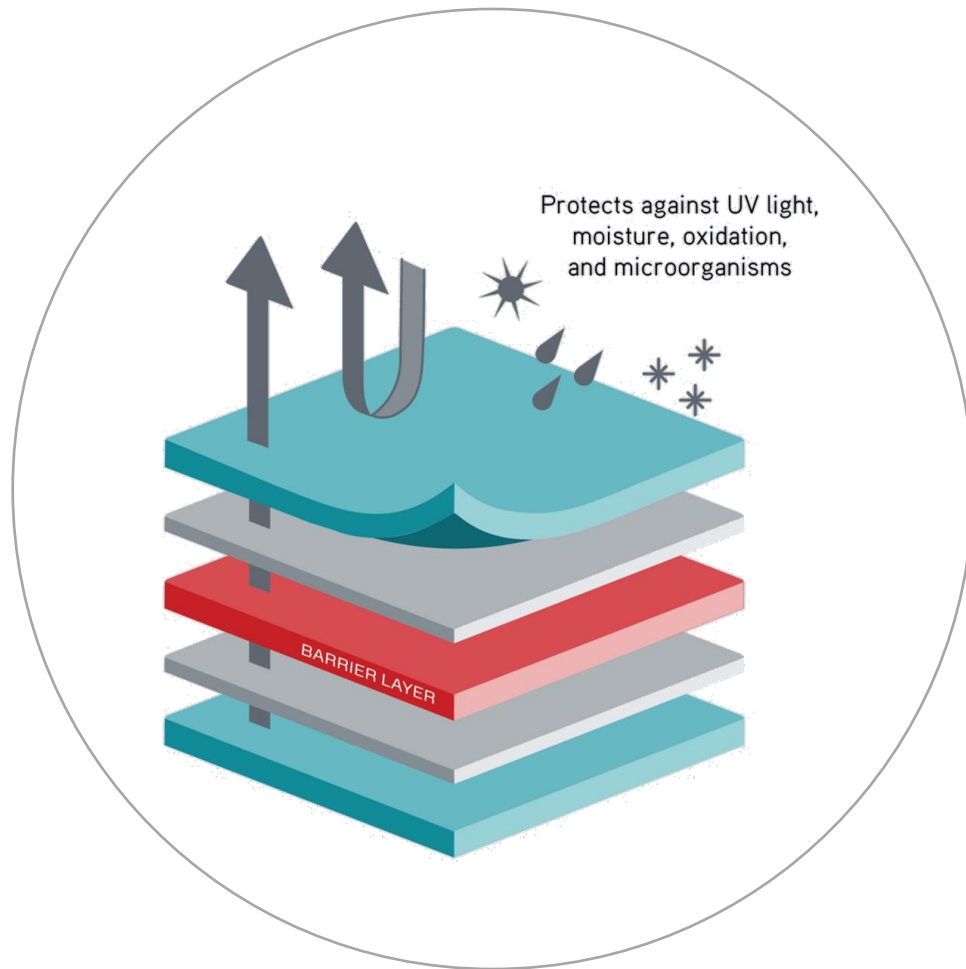


Secondary Packaging



Tertiary Packaging

Packaging Barrier Functions



Packaging protects the food from external degradation factors

Most food products are sensitive to external degrading factors

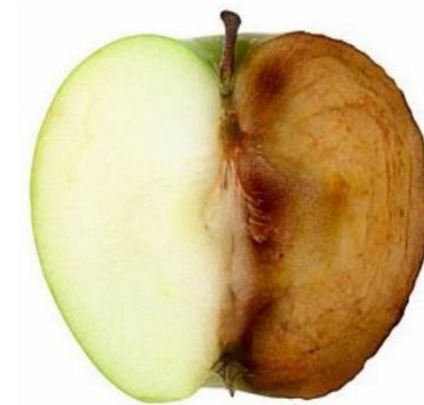
- *Moisture uptake or loss*
- *Oxygen*
- *Light*
- *Temperature*
- *Mechanical stresses*
- *Microbial degradation*



Moisture loss



Caking



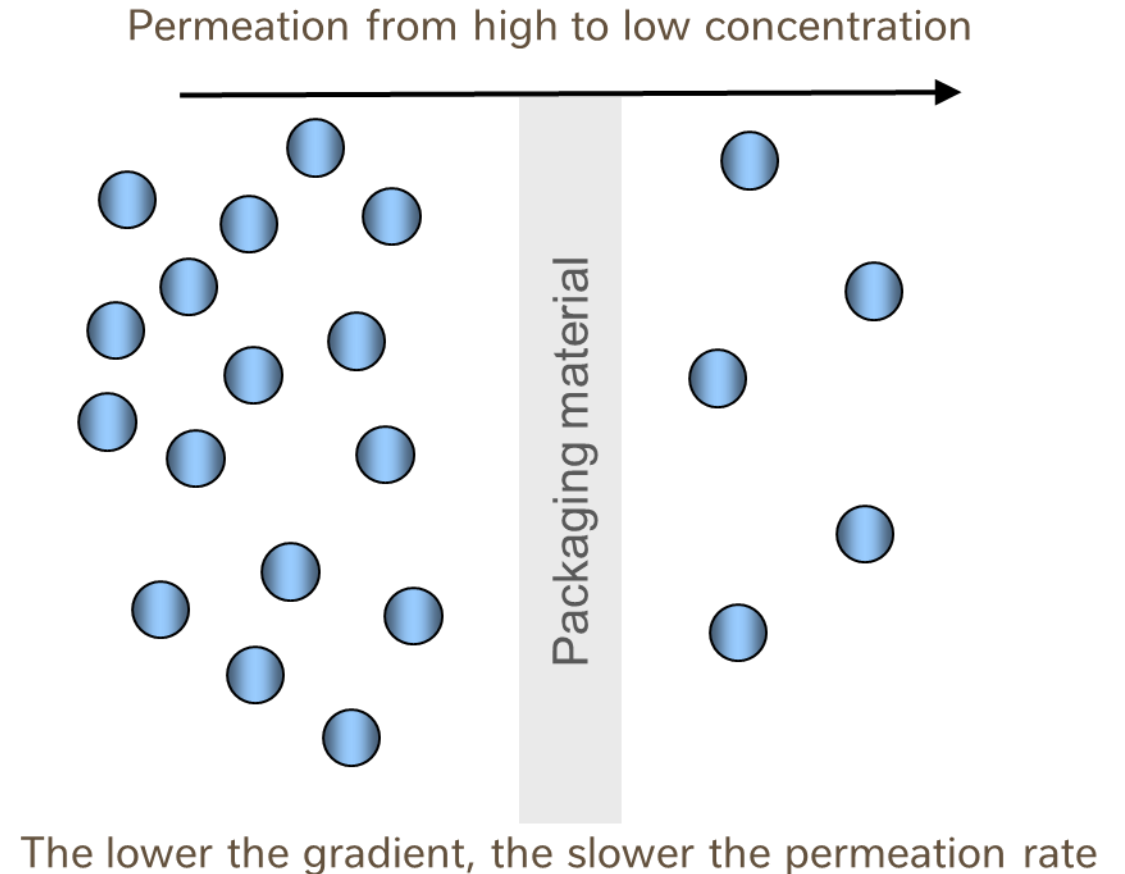
Oxidation



Mechanical damage

Protect the product: Permeability

- Permeability is defined as a quantity of permeant permeating through a given surface area of material of a given thickness in a given time in specific conditions.
- Oxygen Transmission Rate (OTR)
cc/m²/day/atm
- Water Vapor Transmission Rate (WVTR)
g/m²/day/atm
- Rigid packaging
cc/pack/day/atm and mg/pack/day



How to characterize Permeability

- **High concentration on one side**

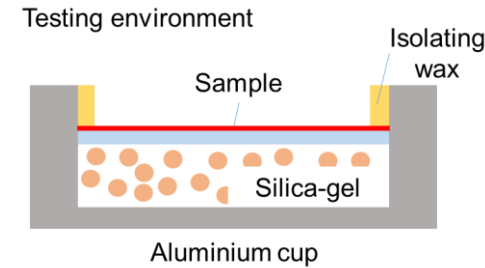
Air, pure oxygen, moist air

- **Low concentration on the other side**

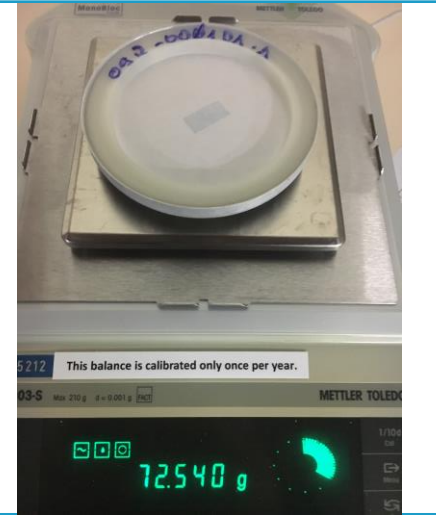
Nitrogen, dry air (silica gel)

- The increase of in concentration (or weight) on the low concentration side is monitored and the rate is linked to the permeation

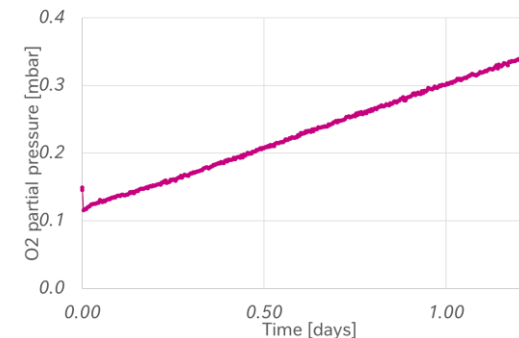
WVTR: gravimetric method



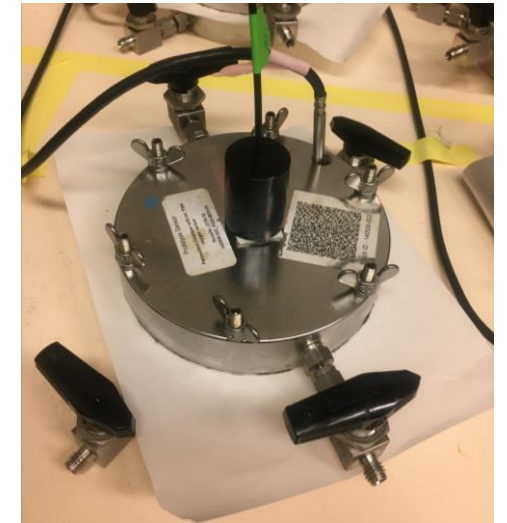
Regular weighing enables
Determination of WVTR



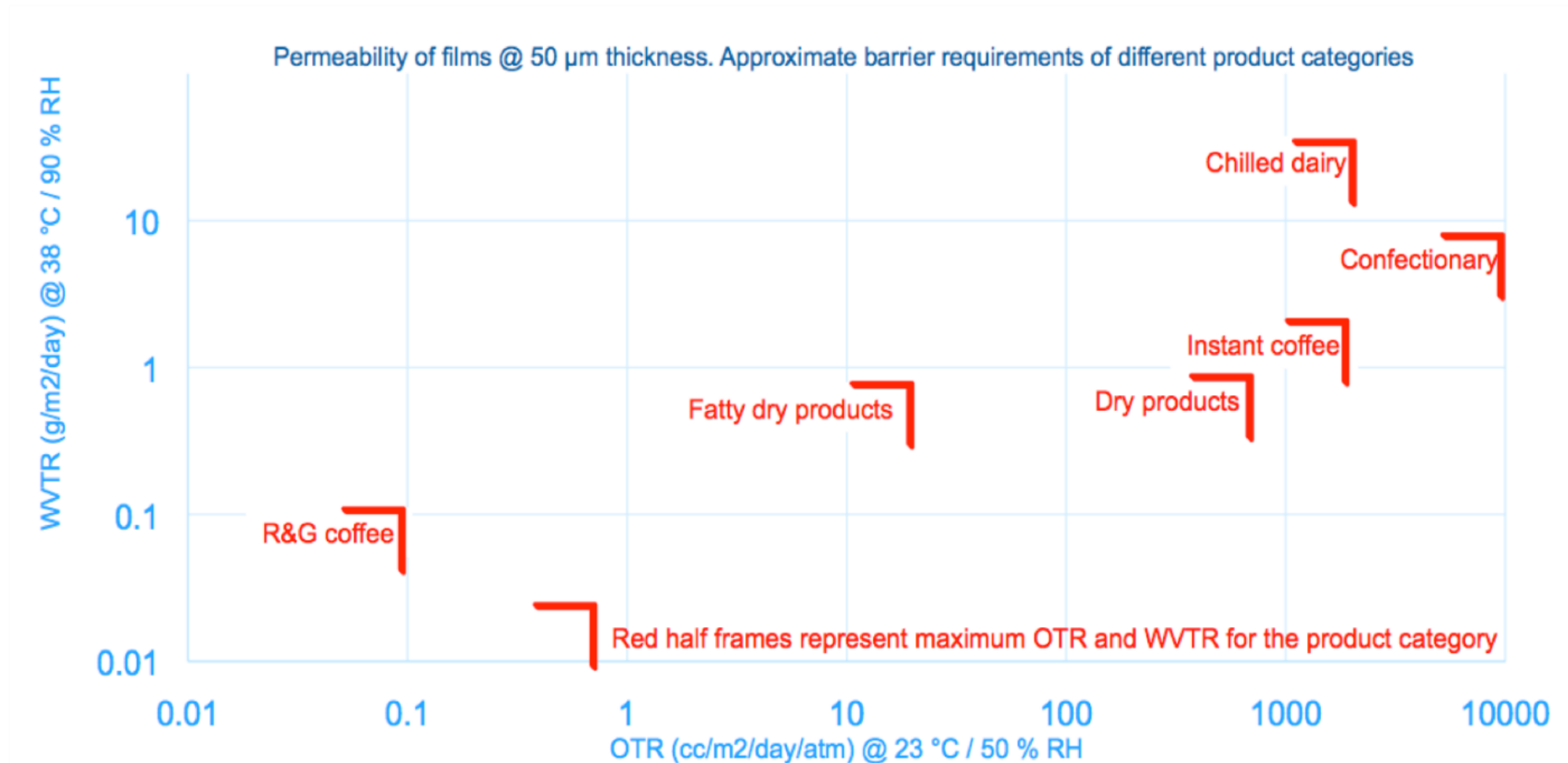
OTR: Fluorescent oxygen sensor



Monitoring oxygen concentration
enables determination of OTR

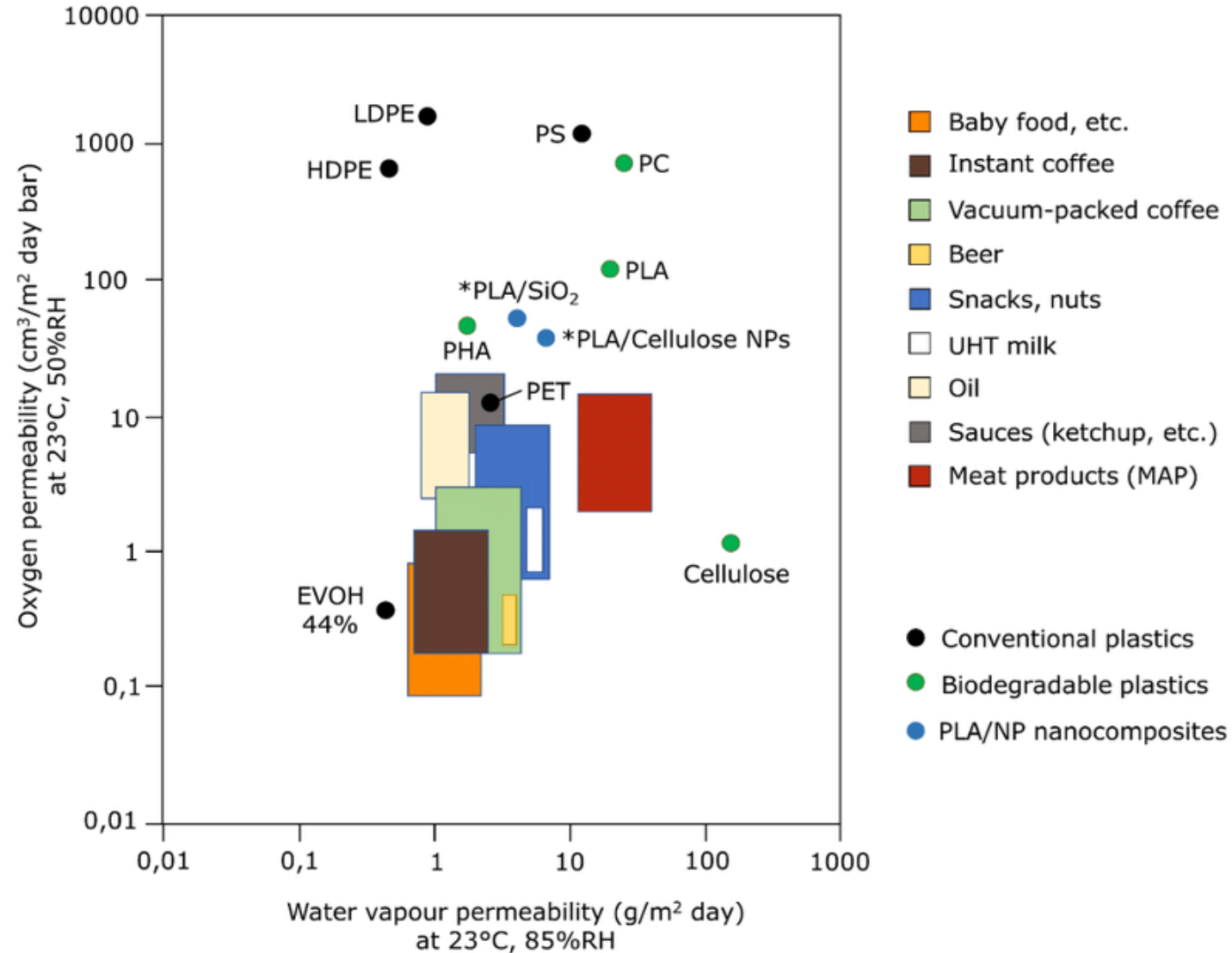


Different products require different levels of protection



Wyser, Y.; Shires, D.: *Packaging Technology and Science* 2019, 32 (1), pp. 3.

Oxygen versus Water Vapor Permeation rates of Packaging Materials



Yanat, M.; Schröen, K.: *Reactive and Functional Polymers*, pre-proof.

Food Packaging Materials



Plastic



Paper



Bioplastic



Food Packaging Materials



Plastic



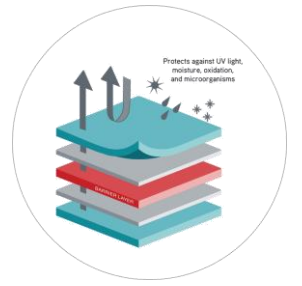
Paper



Bioplastic

Food Packaging Materials – Plastic

- Remarkably resource efficient
- Widest range of applications
- Widest range of complexity: from simple to high-tech

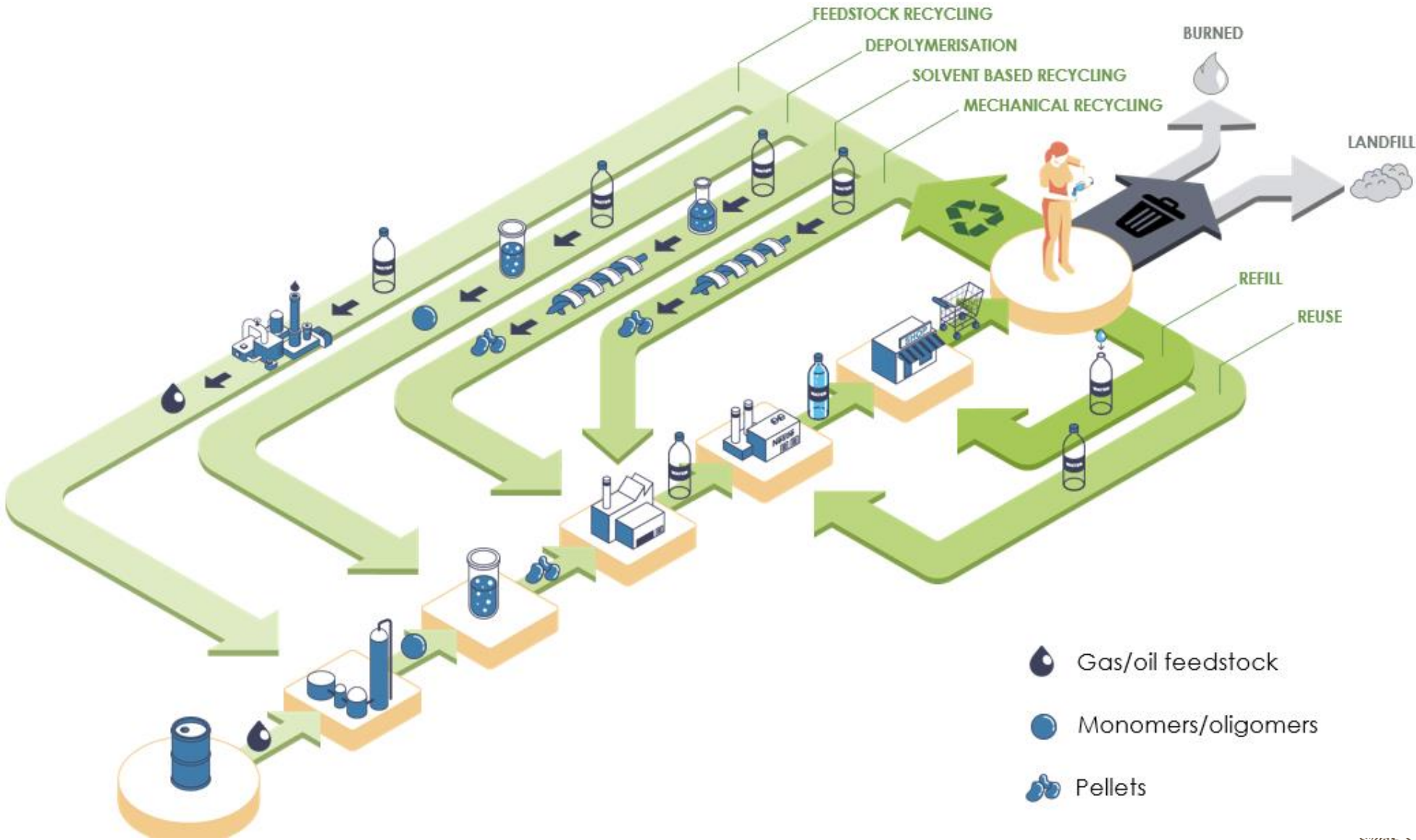


Mechanical strength
Moisture and O_2 barrier
Hermeticity
Sophisticated shapes
System fit
Pasteurized
Microwavable
Retortable



Increasing complexity

Food Packaging Materials – Plastic aiming for Circularity



Food Packaging Materials



Plastic



Paper



Bioplastic

Paper Based Packaging Materials

OPPORTUNITIES



Widely Recyclable

Paper is the most recycled material globally.

Renewable Source

Fiber for making paper can be sourced from managed forests.

Biodegradable

Paper on its own is biodegradable in home/industrial, marine.

Positive Consumer Perception

Consumers perceive paper-based packaging more sustainable.

CHALLENGES



Barrier Functionality

Paper is highly sensitive to moisture.

Sealability

Lower sealant to carrier ratio.

Machinability

Difficult to process on FFS packaging lines.

Hygro-expansion

Poor restraint to challenging climatic conditions.

Fibre-based packaging types

Paper



Paperboard



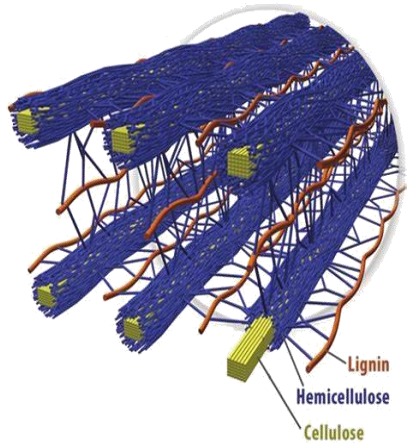
Molded Pulp



Corrugated Board



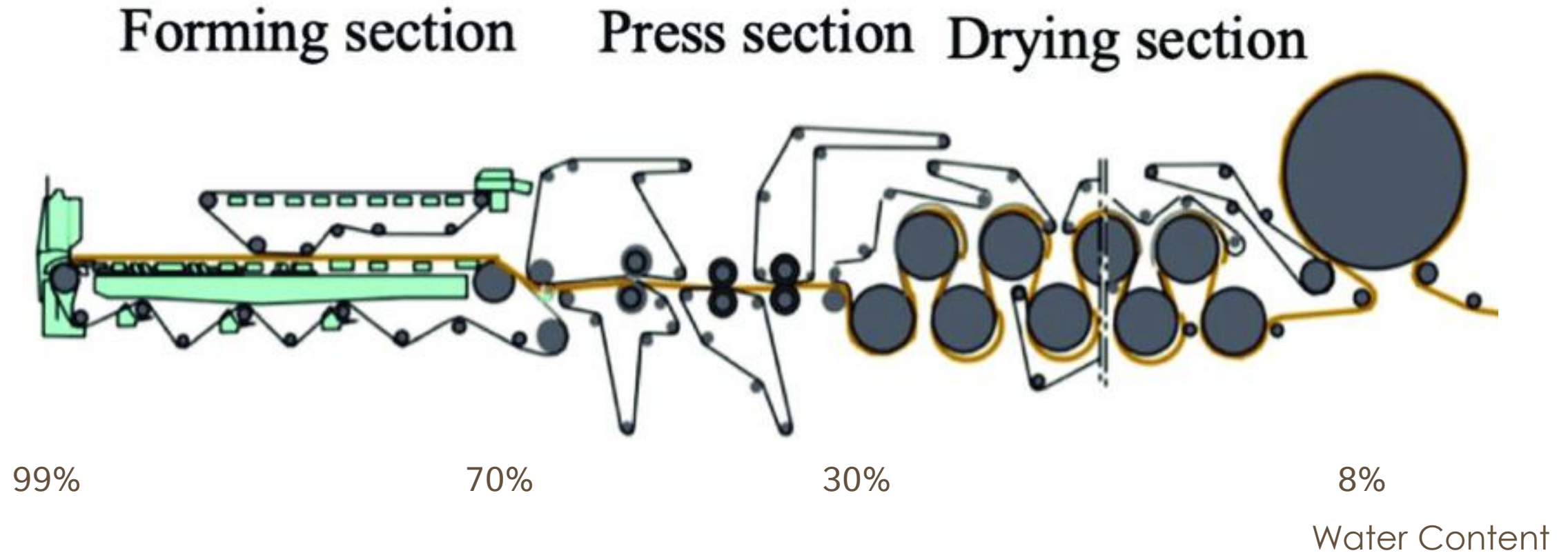
Raw materials for paper-Pulp



Pulp is a lignocellulosic fibrous material prepared by chemically or mechanically separation of fibres from wood, fibre crops or waste paper. Wood pulp is the most common raw material in papermaking

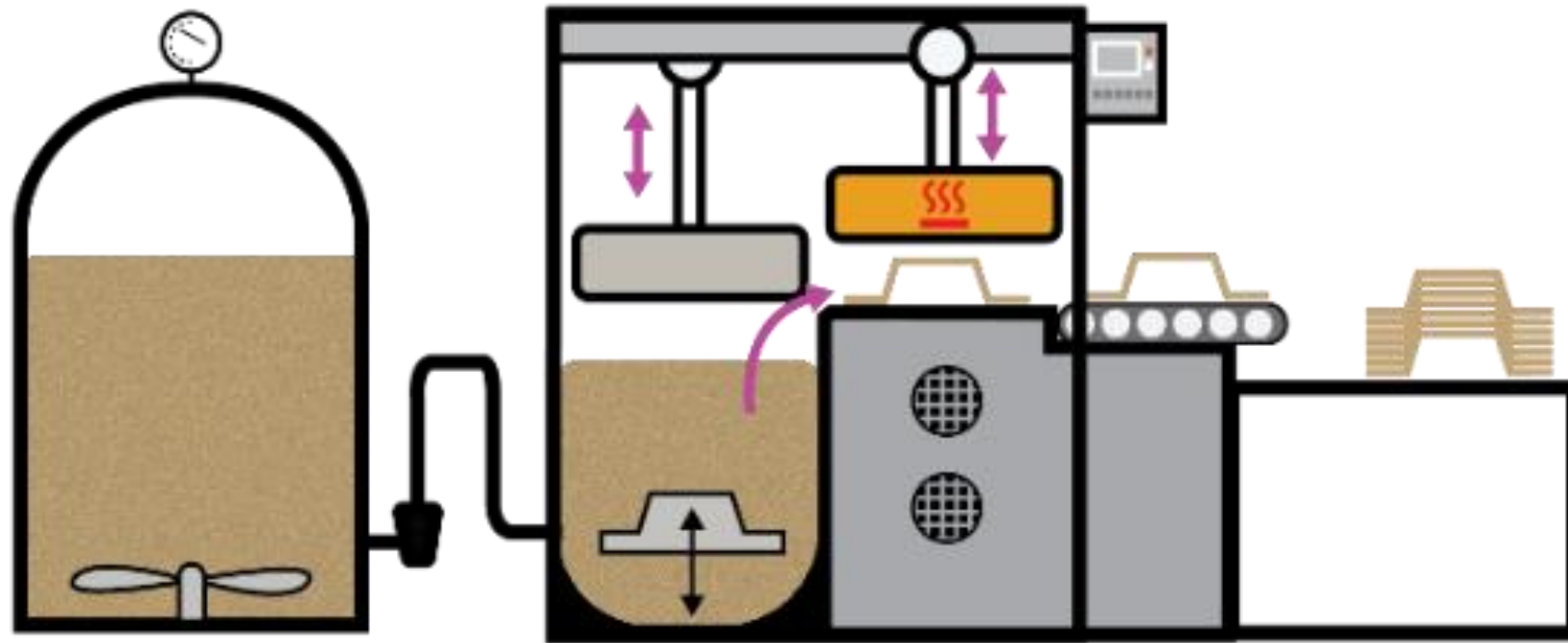
Principle of papermaking

- Papermaking process is largely associated with a removal of water from pulp slurry while ensure correct density, porosity and smoothness of paper
- Paperboard is made in a same way as paper but contains several layers of fibres joined together



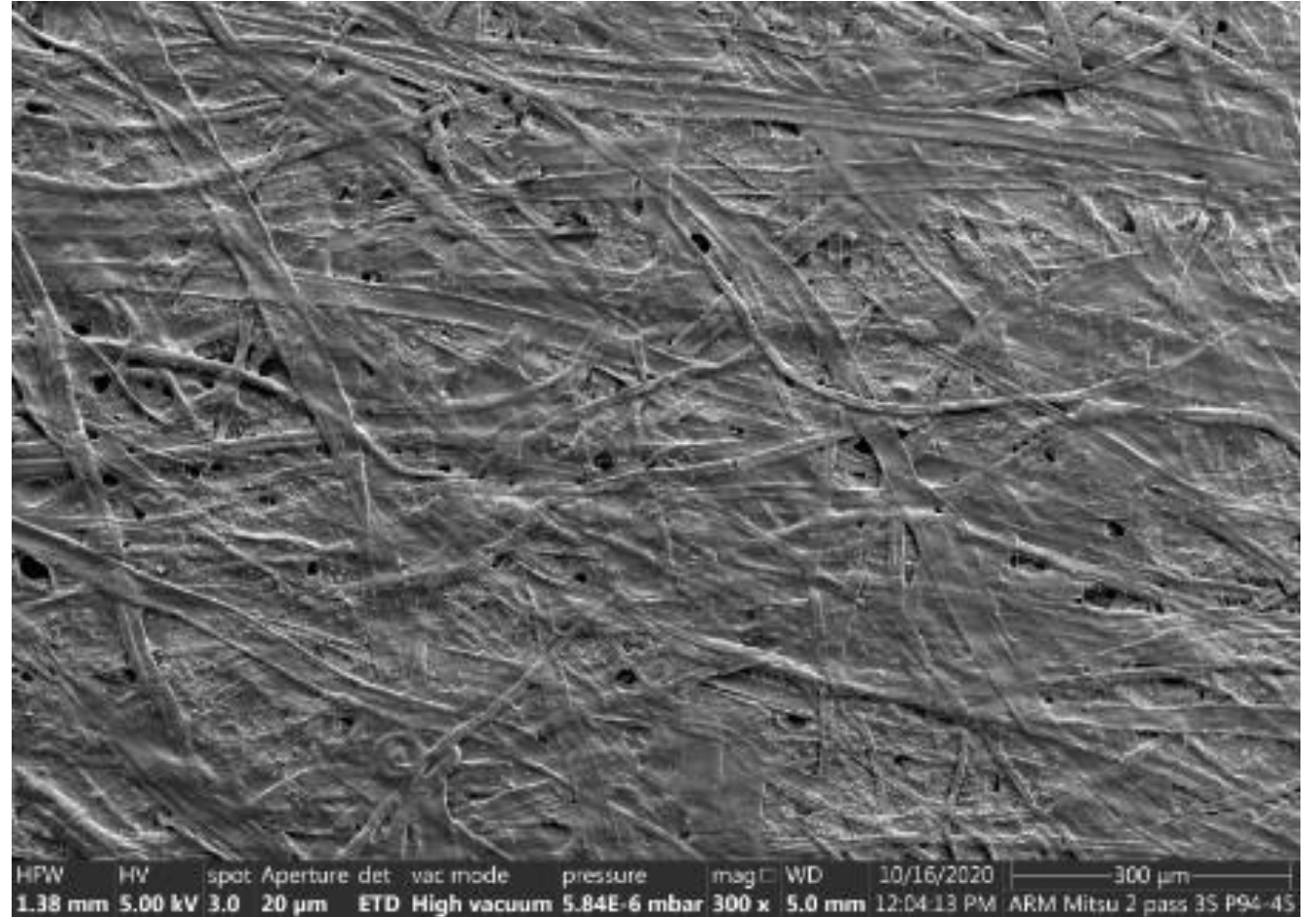
Principle of molded pulp

- Unlike paper, molded pulp is dewatered not on flat porous web but on 3D meshed mold which gives a corresponding shape to final product



Paper as packaging material

- Paper is a network of interconnected fibres and not a continuous film
- Paper has no barrier to water vapour, oxygen or grease
- Surface of paper is inhomogeneous and rough
- In order to make paper suitable for Food products we need to build barrier on quite challenging material



Coated paper packaging material

Different paper types

Test liner (Part of"cardboard)



Composition:
98% of recycled pulp

C2S paper (Ikea catalogue)



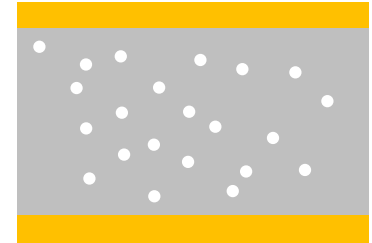
Composition:
60-70% of chemical and mechanical pulp
30-40% fillers, latex binders, starch

«Barrier Paper»



Composition:
80-90% chemical pulp
10-20% mineral and barrier polymer coating

Office paper



Composition:
70-80% of virgin pulp
30-20% fillers and starch

Baking paper

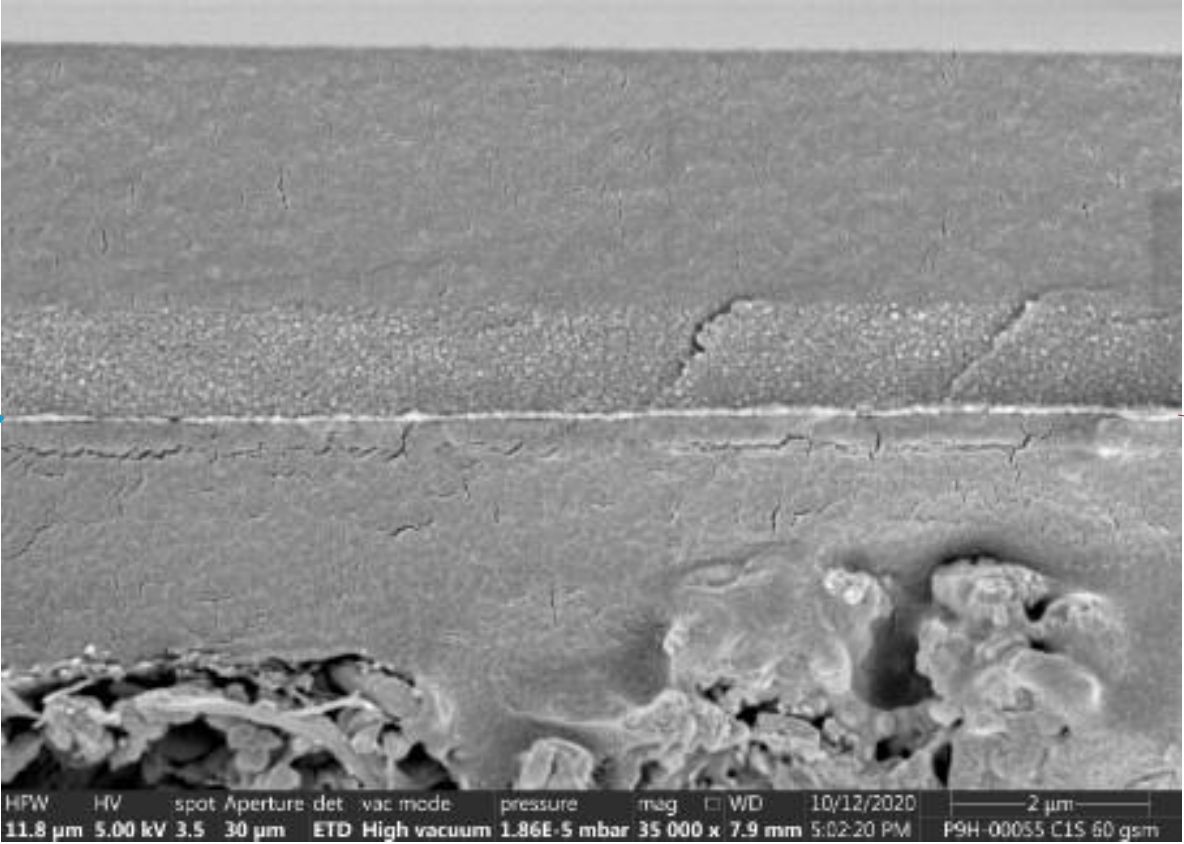
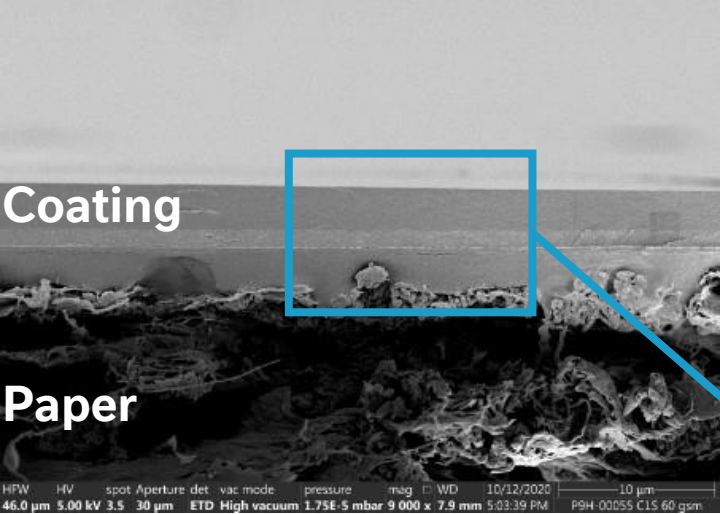


Composition:
100% virgin pulp
cellulose (Chemically modified treated and not recyclable)



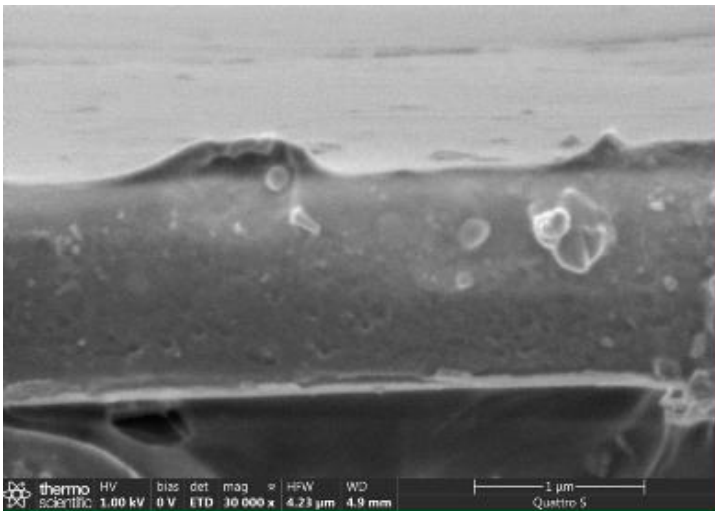
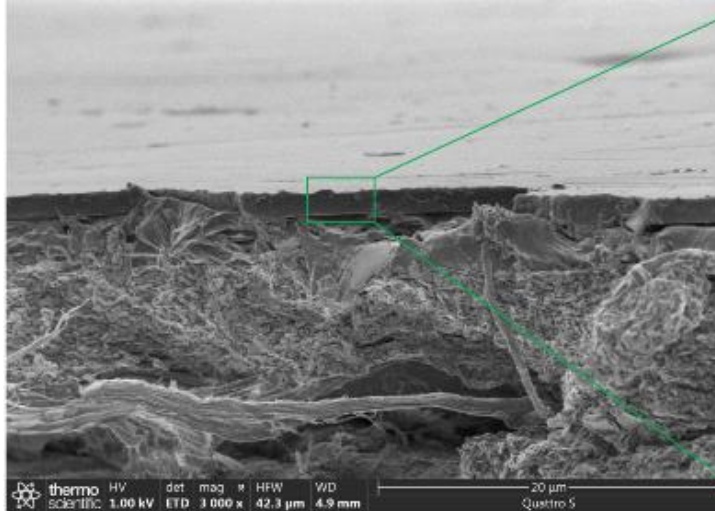
Research and
Development

Thin polymeric coatings combined with vacuum deposited inorganic layer to create barrier without harm to fibre recycling



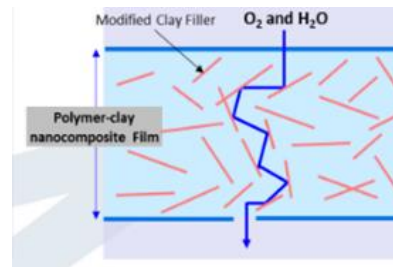
High Barrier Paper

Polymer coating formulation



Ultrathin layers of polymer coatings which can be recycled

Boost performance by increasing barrier functions including fillers



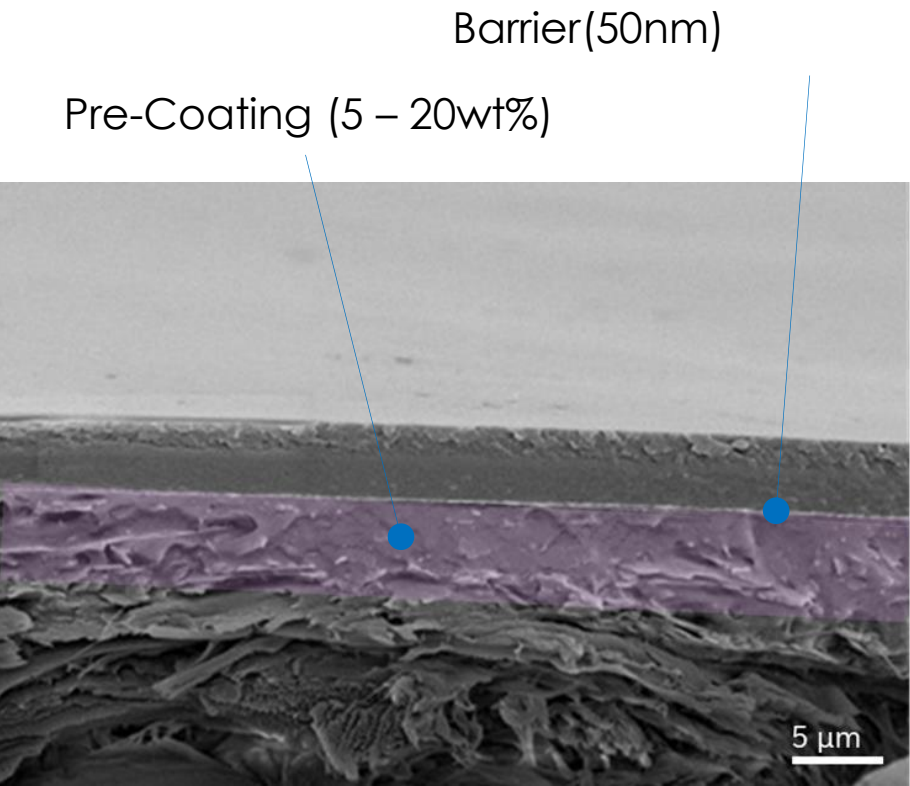
Select right polymer class to ensure resilience
(Impact on cost and performances)

Ensure Barrier Performance

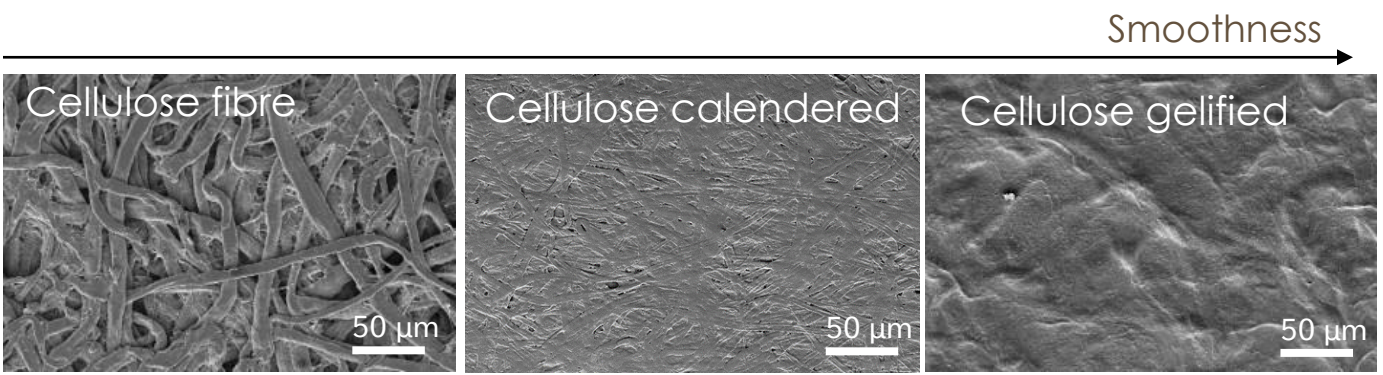
Environmental & Recyclability

Ensure Machinability

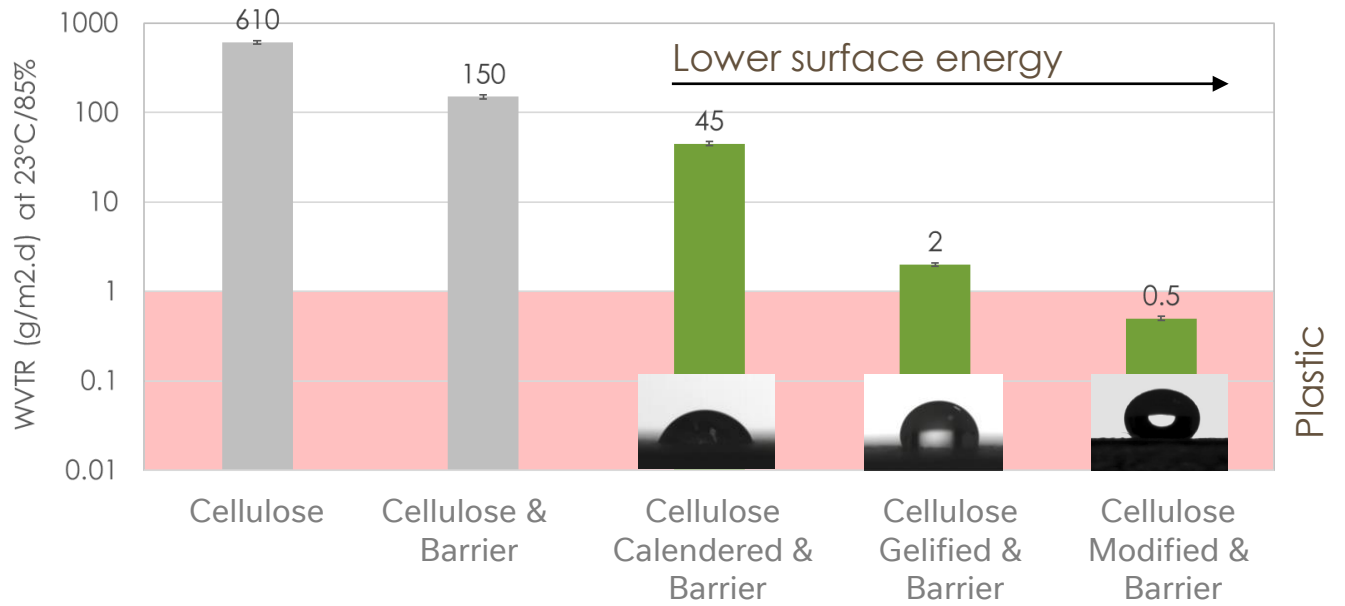
Mastering inorganic high barrier coatings by cellulose engineering



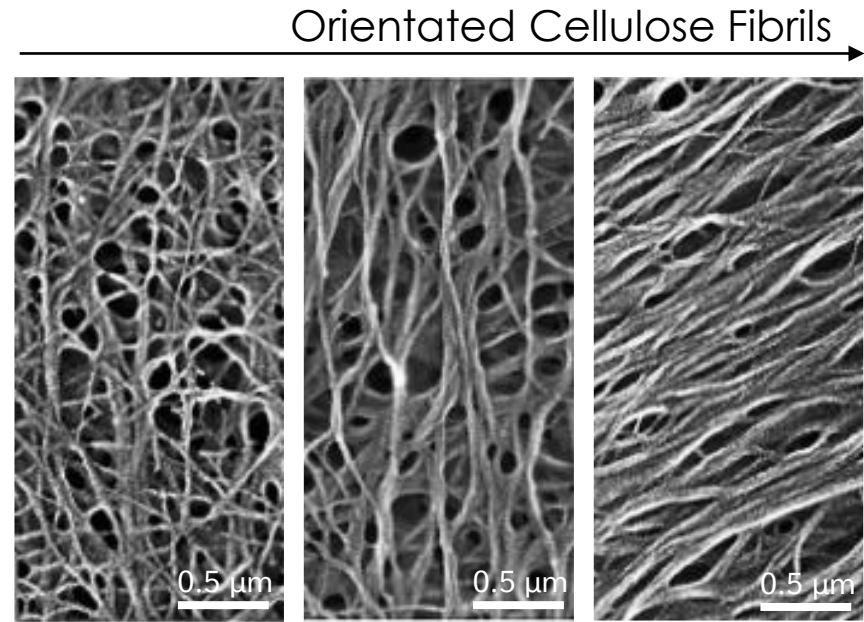
Inorganic coatings with thickness below 50nm create high oxygen and water barrier



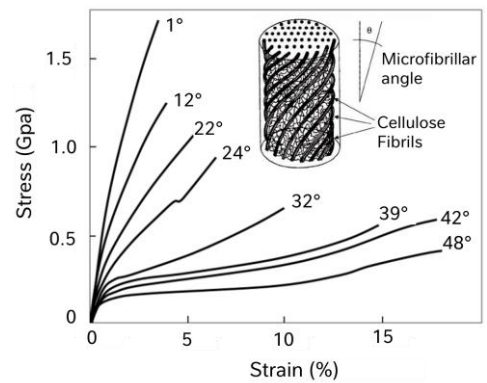
Cellulose surface **smoothness and surface energy** key for inorganic layer deposition and barriers



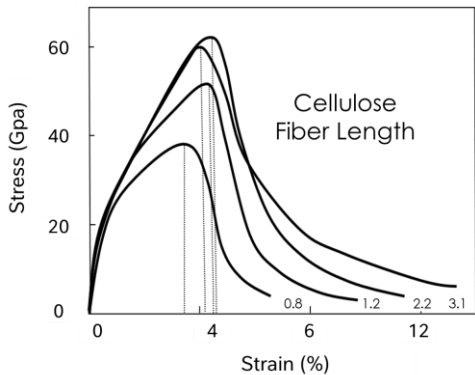
Cellulose fibers engineering to create paper elasticity



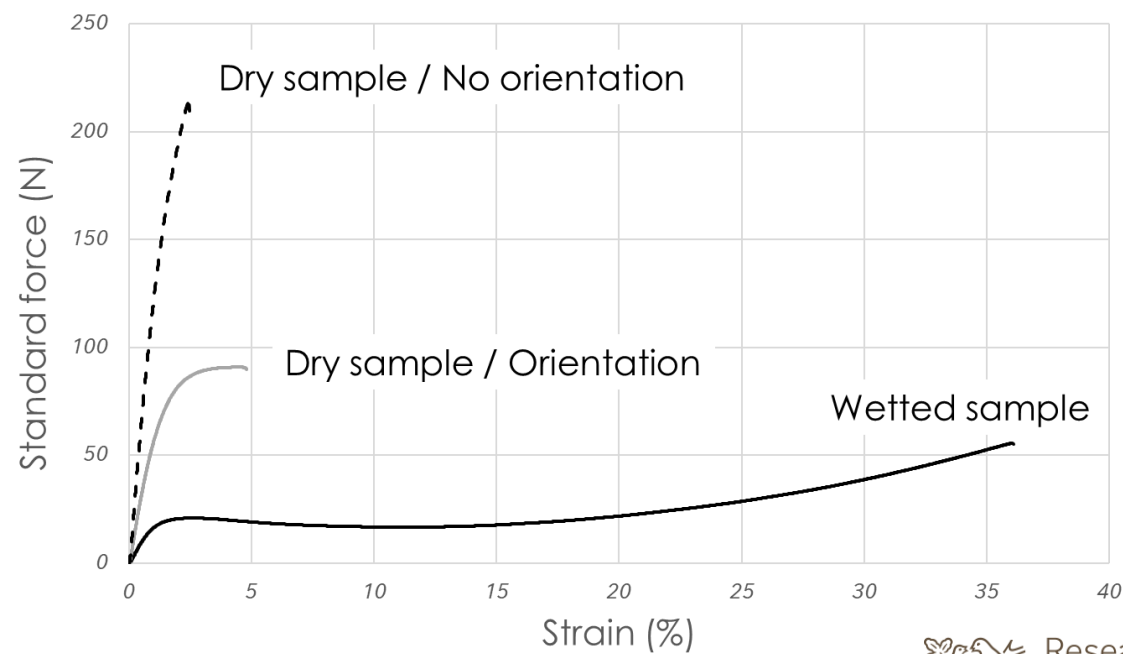
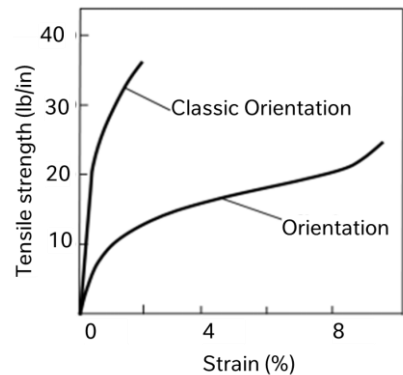
Cellulose Fiber Structure, Length, Orientation and Physical State in combination with Process Parameters to create paper elasticity



Page D. H., Journal of Pulp Paper Science, Vol. 9(4), 1983, pp. 99 - 100.



Vishtal A., BioResources, Vol 9 (4), 2014, pp. 7793 - 7798.



Food Packaging Materials



Plastic



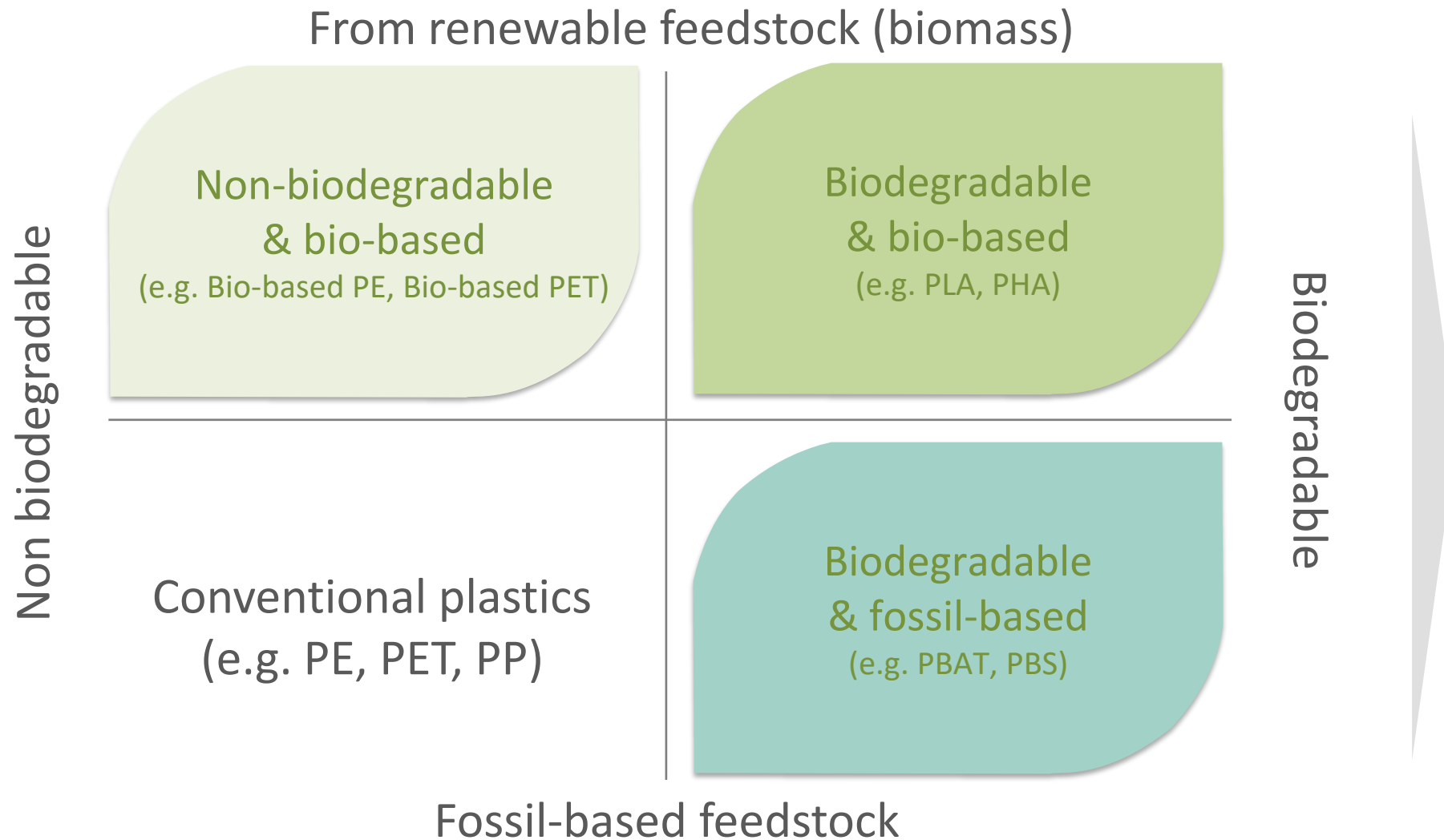
Paper



Bioplastic



What are bioplastics?

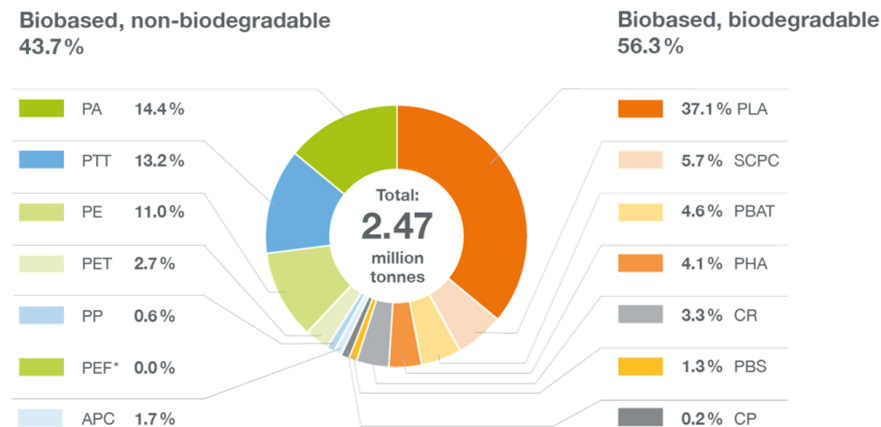


Bioplastics
Biobased and/or biodegradable

PE	Polyethylene
PET	Polyethylene Terephthalate
PP	Polypropylene
PLA	Polylactic Acid
PHA	Polyhydroxyalkanoates
PBAT	Polybutylene Adipate Terephthalate

Bioplastic: production capacity & application

Global production capacities of bioplastics 2024*

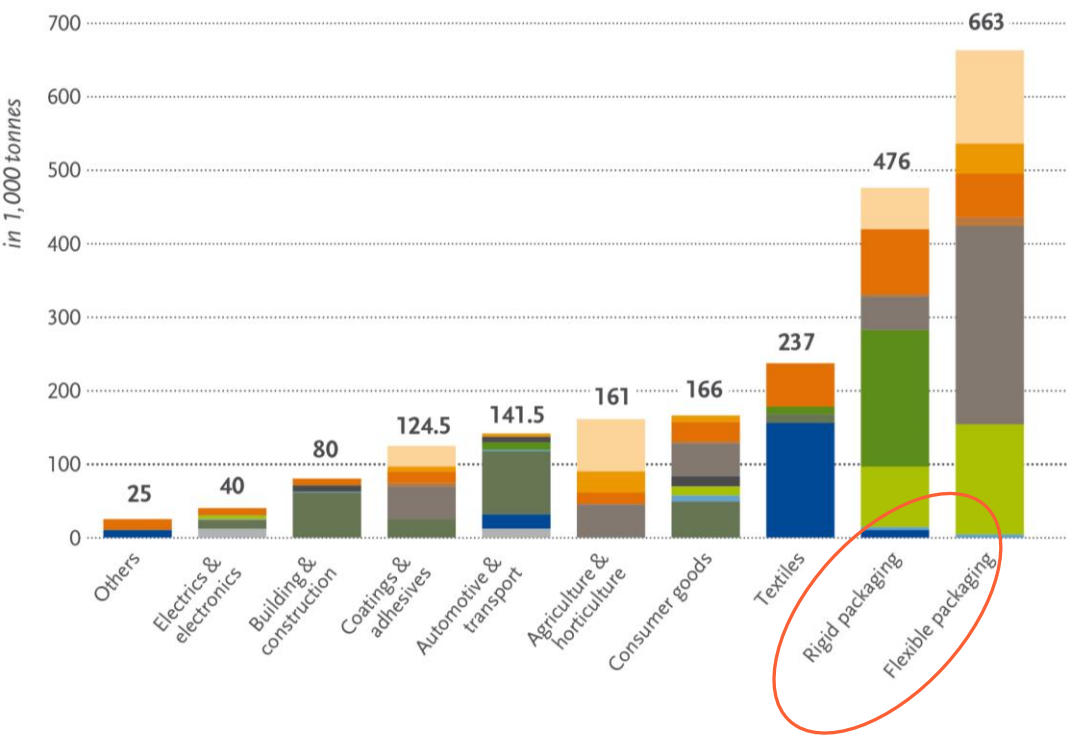


44.5%
bio-based
(non-biodegradable)

	PBAT (polybutylene adipate-co-terephthalate)	~283k tons (1) BASF Novamont Eastman Chemical BIO-FED
	PBS (poly(butylene succinate))	~90k tons (1) BIO-FED PTT MCC Biochem
	PCL (poly(ε-caprolactone))	< 30k tons (1) BIO-FED

55.5%
biodegradable

	PLA (polylactic acid, polylactide)	~290k tons (1,2) NatureWorks Total-Corbion Evonik WeforYou Carbiolice BIO-FED
	PHA family (polyhydroxyalkanoates) Industrially relevant today: PHB, PHBH, PHBV	25-50k tons (1)* Kaneka Danimer Scientific
	Starch blends	~450k tons (1) Novanont BIO-FED



*Vs 141 M TONS of conventional

Biobased polymers through fermentation

Renewable feedstock

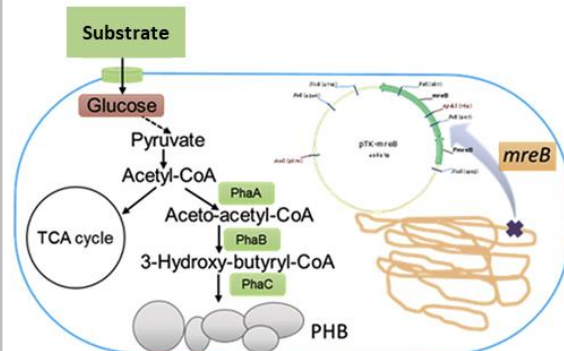
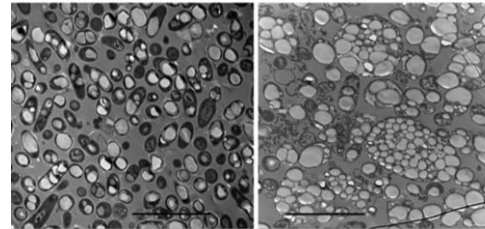
Today: 1st gen



Tomorrow: 2nd & 3rd gen

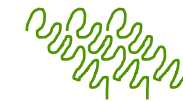


Fermentation & downstream processing



Synthetic & Systems Biotechnology, 2016, Vol. 1(4), pp. 236 -242.

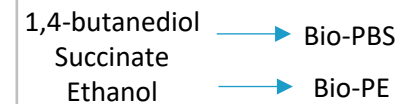
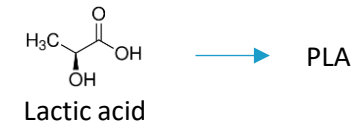
Polymer processing & formulation



Biobased polymer

+ fillers
+ additives
+ co-polymers
+ etc.

Building blocks synthesized into polymers



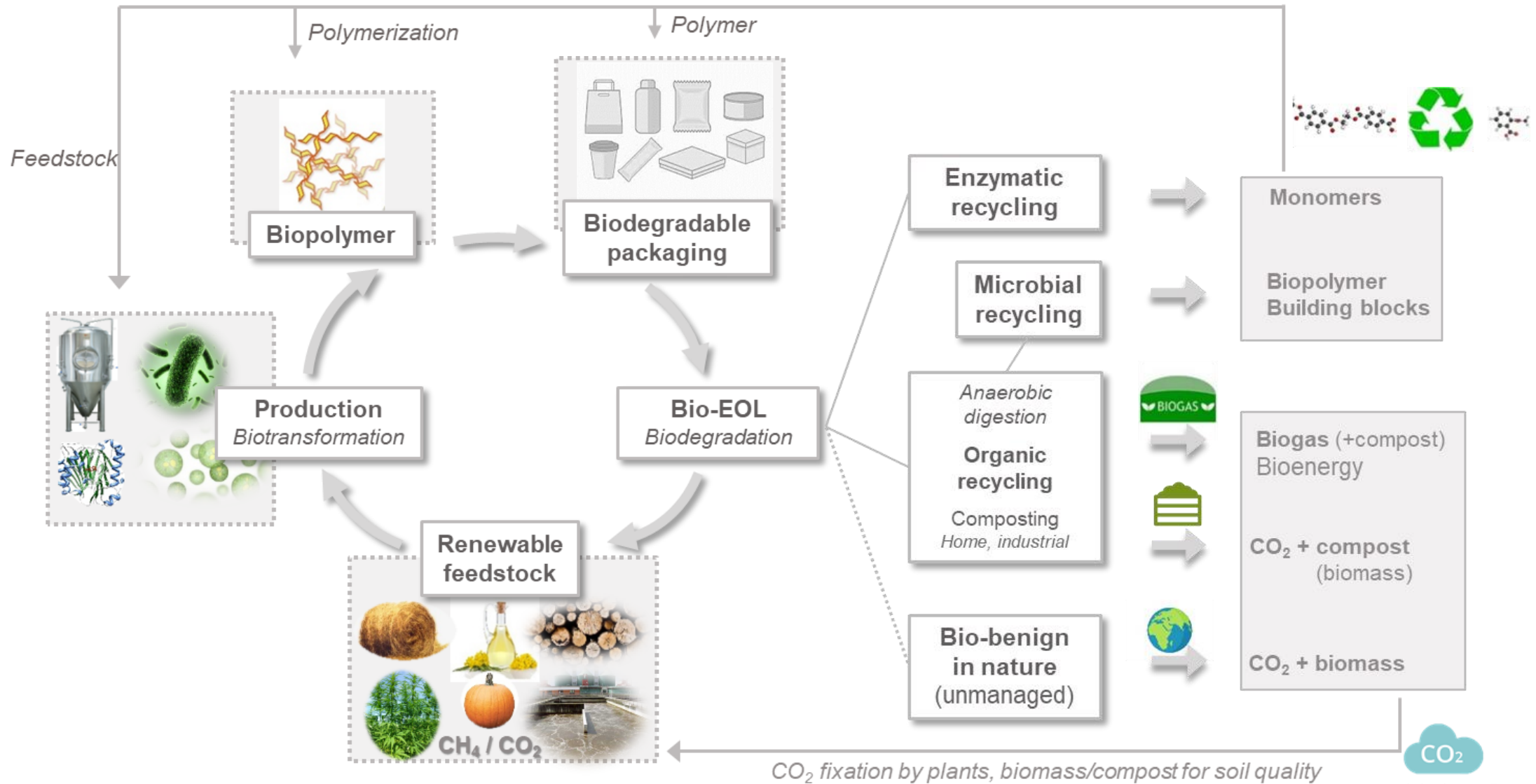
Bioplastic packaging



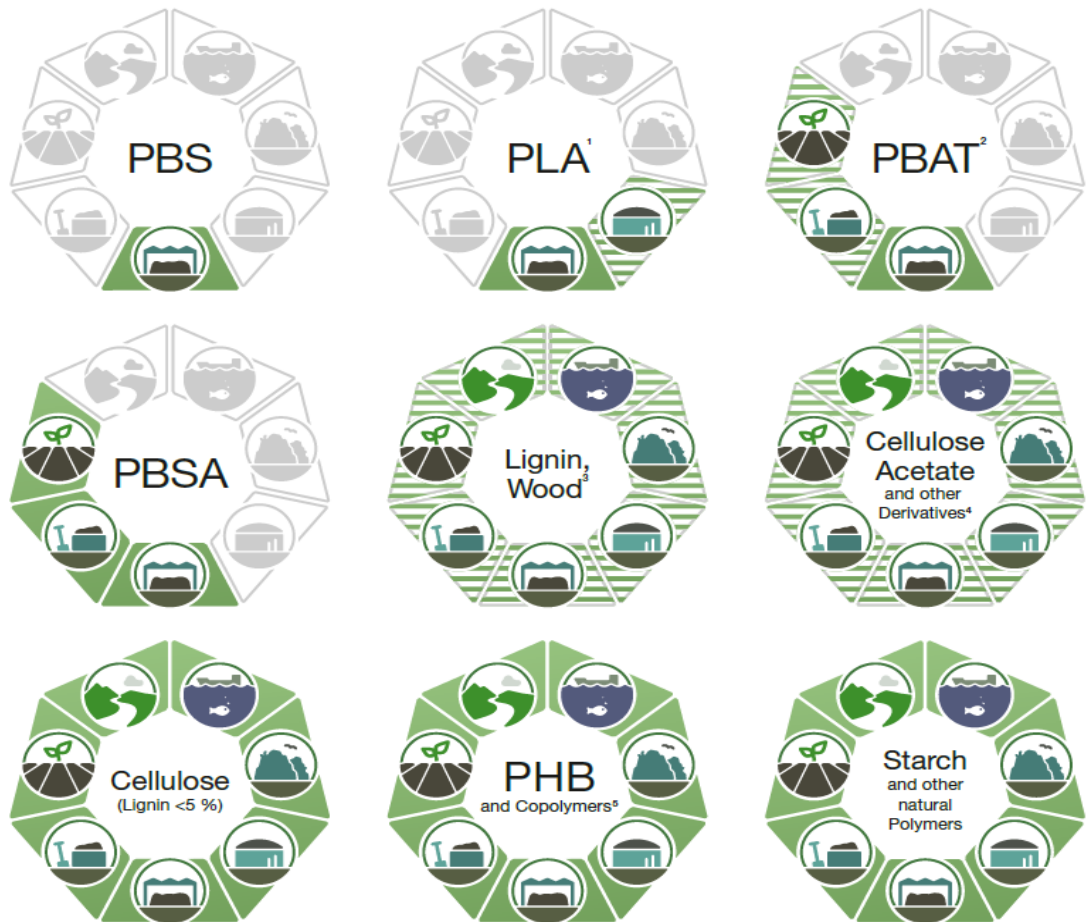
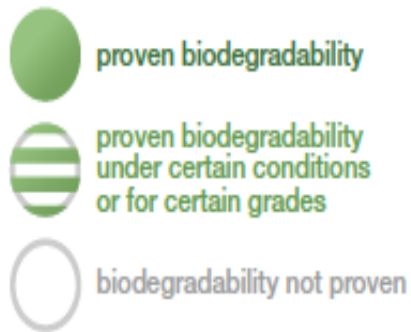
www.packaginginsights.com

Biobased packaging
(if also biodegradable depends on polymers)

Bioplastics and biodegradation: an opportunity for material circularity



Biodegradability of biodegradable materials for different environments: based on test standards



ENVIRONMENTS	
Details on test conditions and, if available, applicable pass/fail criteria.	
	MARINE ENVIRONMENT Temperature 30°C, 90% biodegradation within a maximum of 6 months (Certification: TÜV AUSTRIA OK biodegradable MARINE (ISO under preparation))
	FRESH WATER Temperature 21°C, 90% biodegradation within a maximum of 56 days (Certification: TÜV AUSTRIA OK biodegradable WATER)
	SOIL Temperature 25°C, 90% biodegradation within a maximum of 2 years (Certification: TÜV AUSTRIA OK biodegradable SOIL; DIN Certco DIN-Geprüft biodegradable in soil)
	HOME COMPOSTING Temperature 28°C, 90% biodegradation within a maximum of 12 months (Certification: TÜV AUSTRIA OK compost HOME; DIN Certco DIN-Geprüft Home Compostable)
	LANDFILL No standard specifications or certification scheme available, since this is not a preferred end-of-life option
	ANAEROBIC DIGESTION Thermophilic 52°C / mesophilic 37°C; standard specification not yet available, but 90% generally considered as completely biodegradable
	INDUSTRIAL COMPOSTING Temperature 58°C, 90% biodegradation within a maximum of 6 months (Standard: EN 13432)

Unmanaged

Semi-managed

Managed

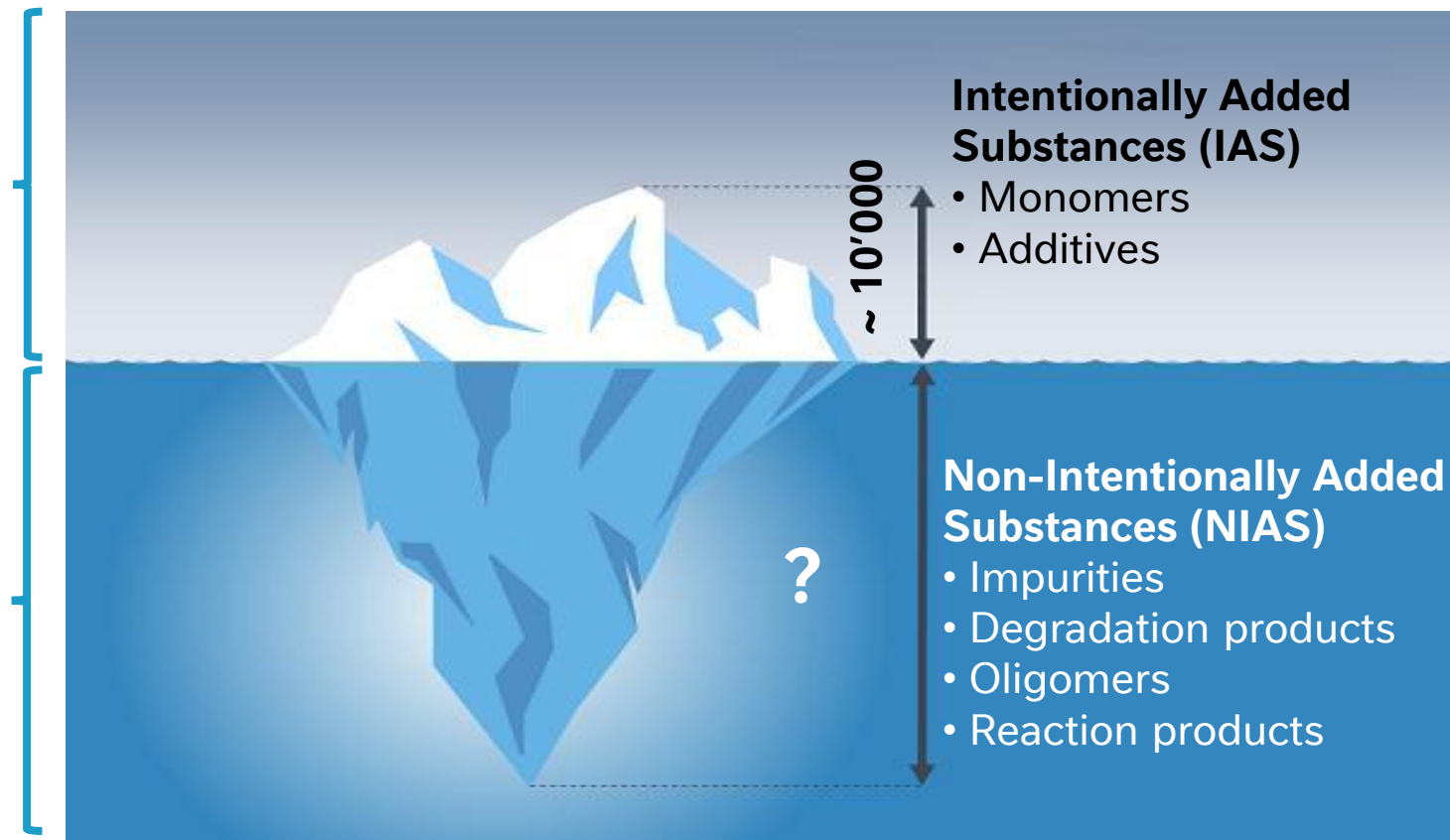
Food Packaging Safety



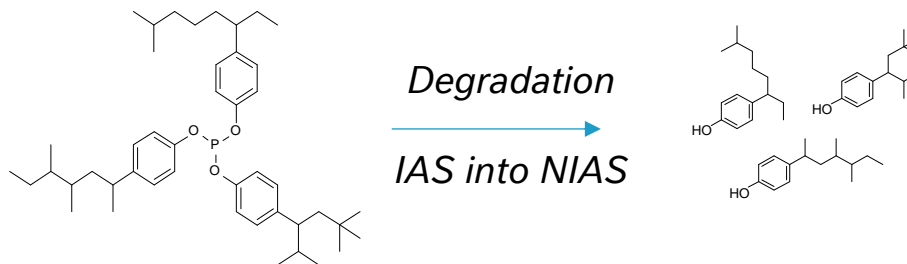
Guarantee food safety

*Risks fairly well known,
mainly a compliance concern.*

*Risks mainly unknown,
compliance + safety concern?*



Example:



Tris(nonylphenyl)phosphite (TNPP)

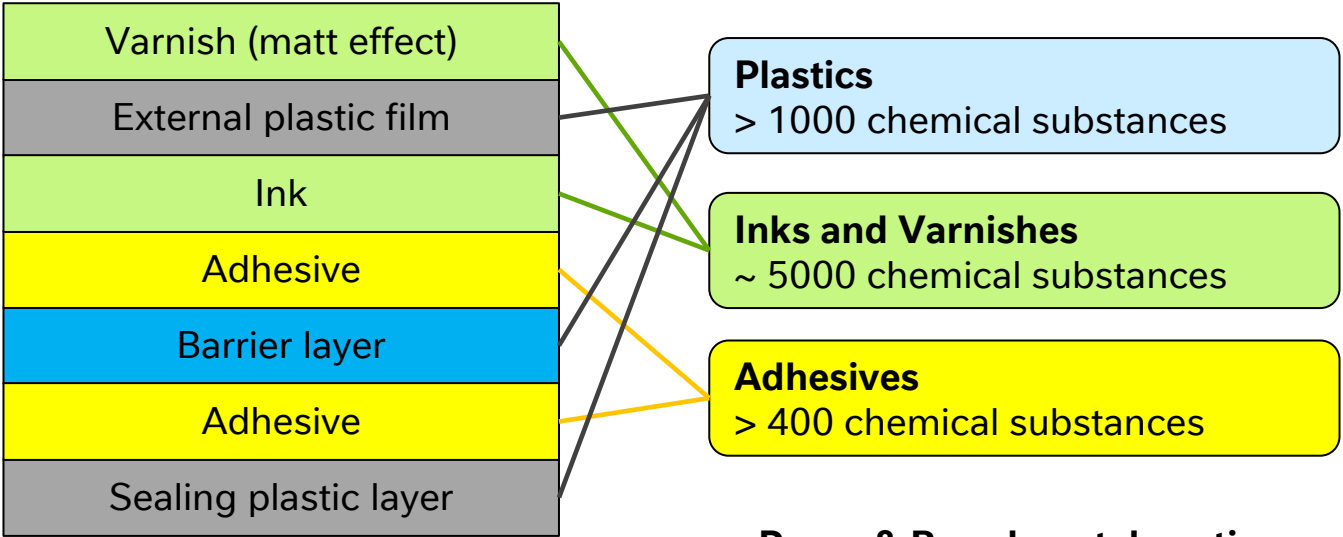
4-Nonylphenols (4-NP) (Mixture of isomers)

Endocrine disruptors

Packaging materials: often multilayer structures made with chemicals



Outer side



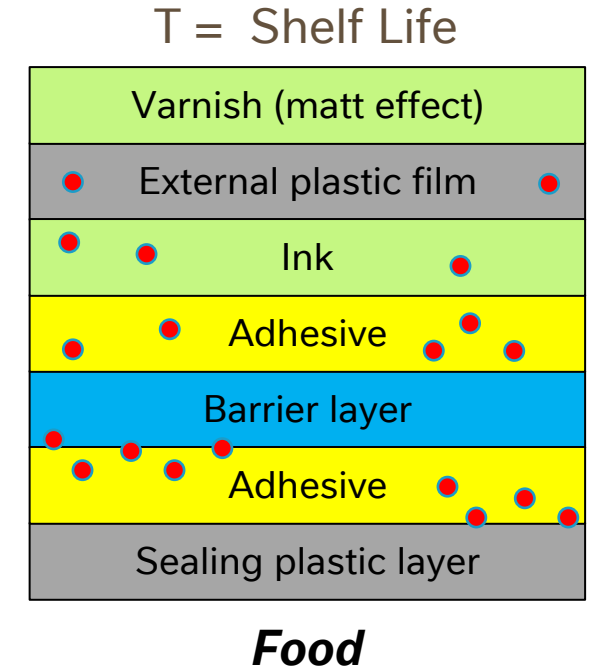
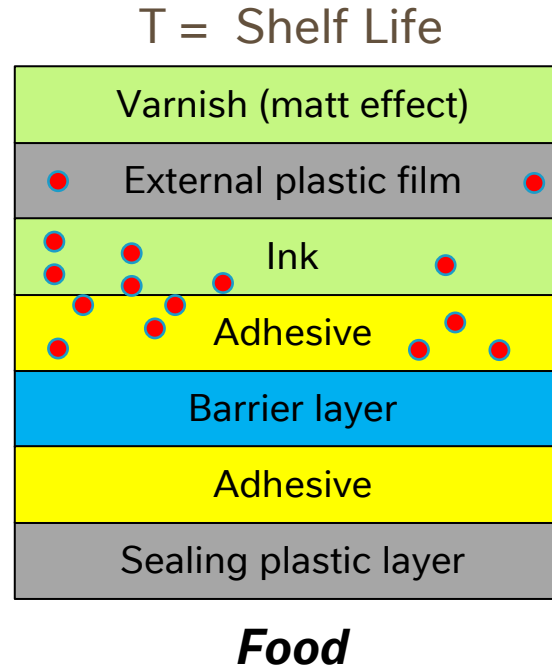
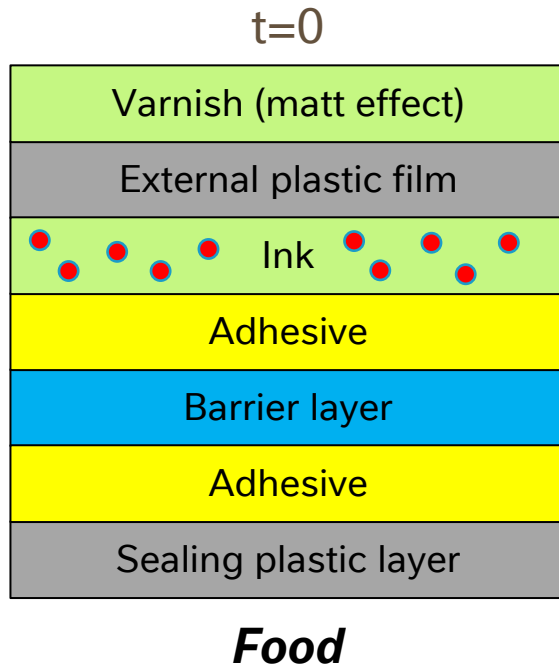
+ Paper & Board, metal coatings...

Chemicals used *Intentionally (IAS)*

Migration: Chemicals can migrate in food

GOOD barrier

BAD barrier



$$\frac{m_{F,t}}{A} = c_{p,0} \rho_p d_p \left(\frac{\alpha}{1 + \alpha} \right) \times \left[1 - \sum_{n=1}^{\infty} \frac{2\alpha(1 + \alpha)}{1 + \alpha + \alpha^2 q_n^2} \exp \left(-D_p t \frac{q_n^2}{d_p^2} \right) \right]$$

$$D_p = D_0 \exp \left(A_p - 0.1351 M_i^{2/3} + 0.003 M_i - \frac{10454}{T} \right)$$

Many packaging substances allowed to migrate in low amount depending on toxicity.

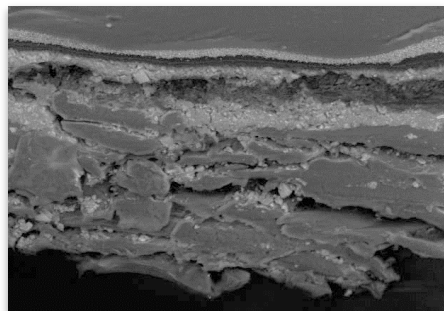
However, many molecules not toxicologically assessed.

Brandsch J., et al.: Possibilities and limitations of migration modeling. Plastic packaging materials for food, 2000.

Pack Food Safety of new Paper-based Packaging Materials

ANALYTICAL SCREENING

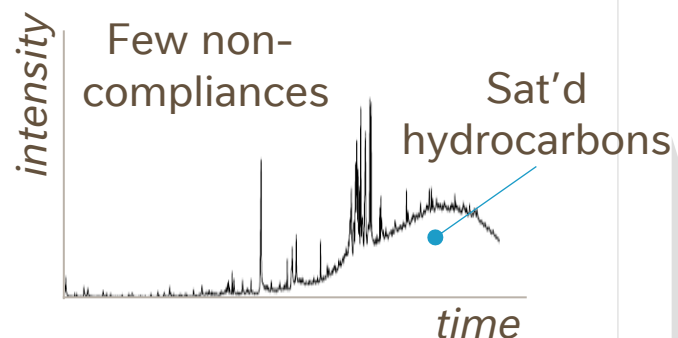
Barrier papers



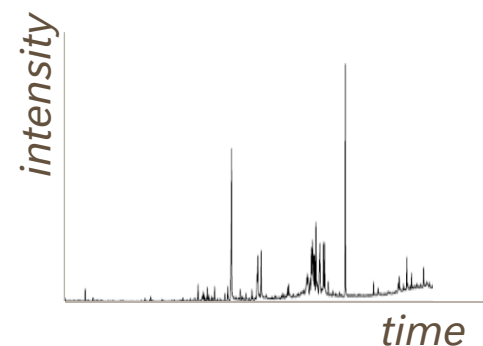
Components:

- Inks
- Adhesives
- Fibres
- Coatings

Initial material

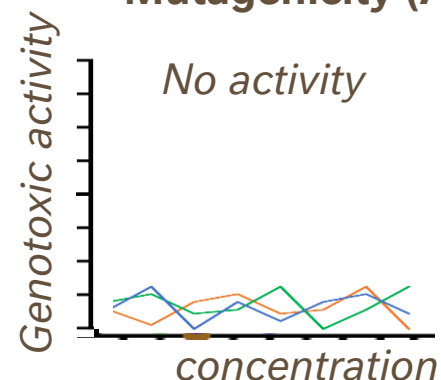


Re-designed materials

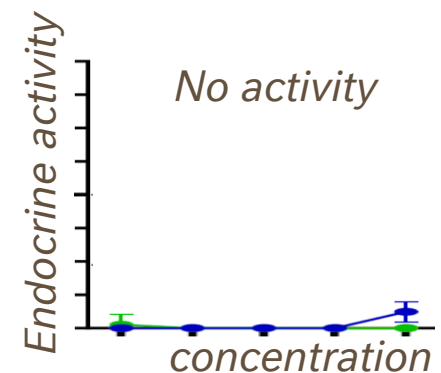


BIOASSAY SCREENING

Mutagenicity (Ames)



Endocrine activity



**RISK
ASSESSMENT**

LCA quantifies different environmental impacts throughout a products life cycle



Entire life cycle



Greenhouse gas emissions
(kg Co₂eq)

Water scarcity (m³eq)

Non-renewable energy &
minerals (kg Sb eq)

Impacts on ecosphere
(PDF×m²×year)

Land use biodiversity
impacts (PDF×m²×year)

Different aspects of the environment

The most simple Ecodesign (oversimplified...)

	Material Impact / kg	Conversion Impact / kg	End-of-life Impact / kg	Total Impact / kg
Paper & cardboard	1.5	- (included)	-0.2	1.3
PP, PE	2.2	0.6	0.7	3.5
PET	3.3	1.2	0.7	4.2
Glass	1.3	- (included)	-0.2	1.1
Tin-plated steel	1.7	0.2	-0.8	1.1
Alu	12	0.6	-4	8.6

Real ecodesign takes into account:

- amount of material required per packaging system
- exact material type, including transport distances, recycling content
- specific conversion process, and energy sources for conversion
- specific end-of-life process (e.g. incineration, landfill, recycling)
- environmental indicators other than greenhouse gas emissions
- and many other parameters

www.quantis-intl.com



Good food, Good life

Innovation in paper-based packaging



Examples of Test & Learn with new High Barrier Paper Sachets



Paper Sachet

- Infant Cereals 50g
- 4 Side Seal pack
- Good Seal/Barriers
- Good Machinability

Results

- Qual test Ghana 2 months
- Good Appreciation
- Ease of opening
- Paper perception to be improved



Paper stick

- 3 in 1 stick 15 g SE
- 4 Side Seal pack
- Good Seal
- Good Machinability

Results

- Test In Hungary
- Good Appreciation
- Some technical issues do to hygroexpansion of paper



Examples of Test & Learn with new Barrier Paper Trays

Paper Tray – Single Serve

- Molded pulp trays with thin film laminate for MAP conditioning
- High Barrier Paper for top membrane to ensure gas barriers
- Transport: Frozen and then chill distribution
- EoL: Recyclable in the paper stream in DE Market (2021)



Results

- Tested @ REWE and PENNY in the DE Market (2 months)
- No defects or deformation where observed during supply chain
- Very well perceived by consumers leading to potential incremental sales
- Paper based packaging came out as the clear purchase driver but too expensive in real conditions



Reformulating Paper with Upcycled by-products

Paper Sleeves with Spent-Coffee Inclusions

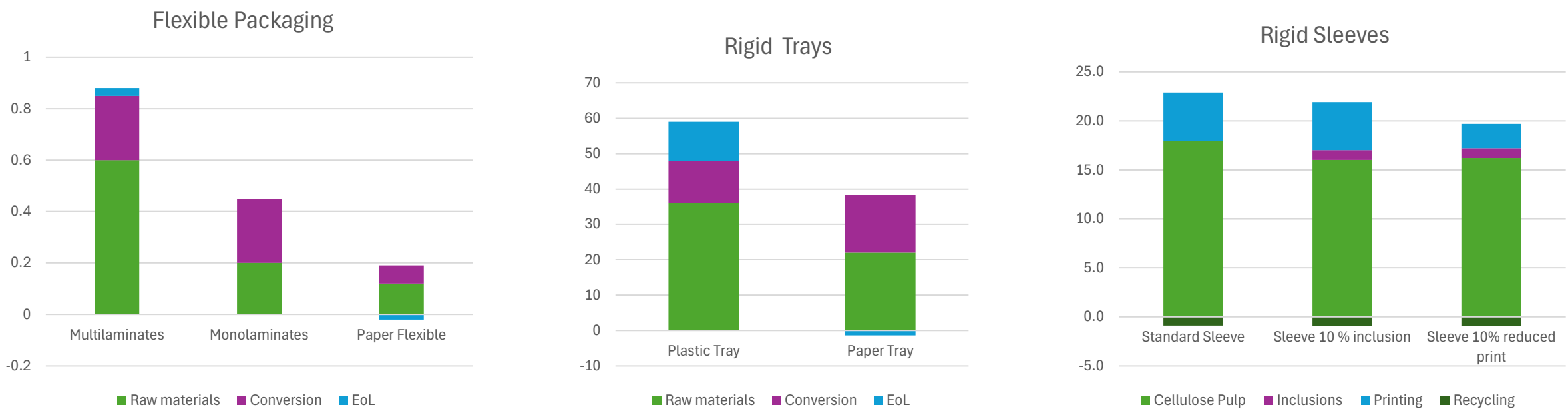
- Paper pulp was mixed with Spent Coffee Grounds from a capsule recycling site
- Up to 20 % coffee inclusions could be added to Pulp w/o loss of Mechanical performances nor recycling specs
- The addition of particles led to new texture features limited printing area and cost



Results

- Tests in filling line run smoothly as per standard carton material
- Migration tests did not detect and substance of concern
- **Quality of the spent coffee from used capsules could not be controlled and could generate the risk of the presence of mycotoxins.**

LCA - Packaging (Paper Vs Other Materials)*



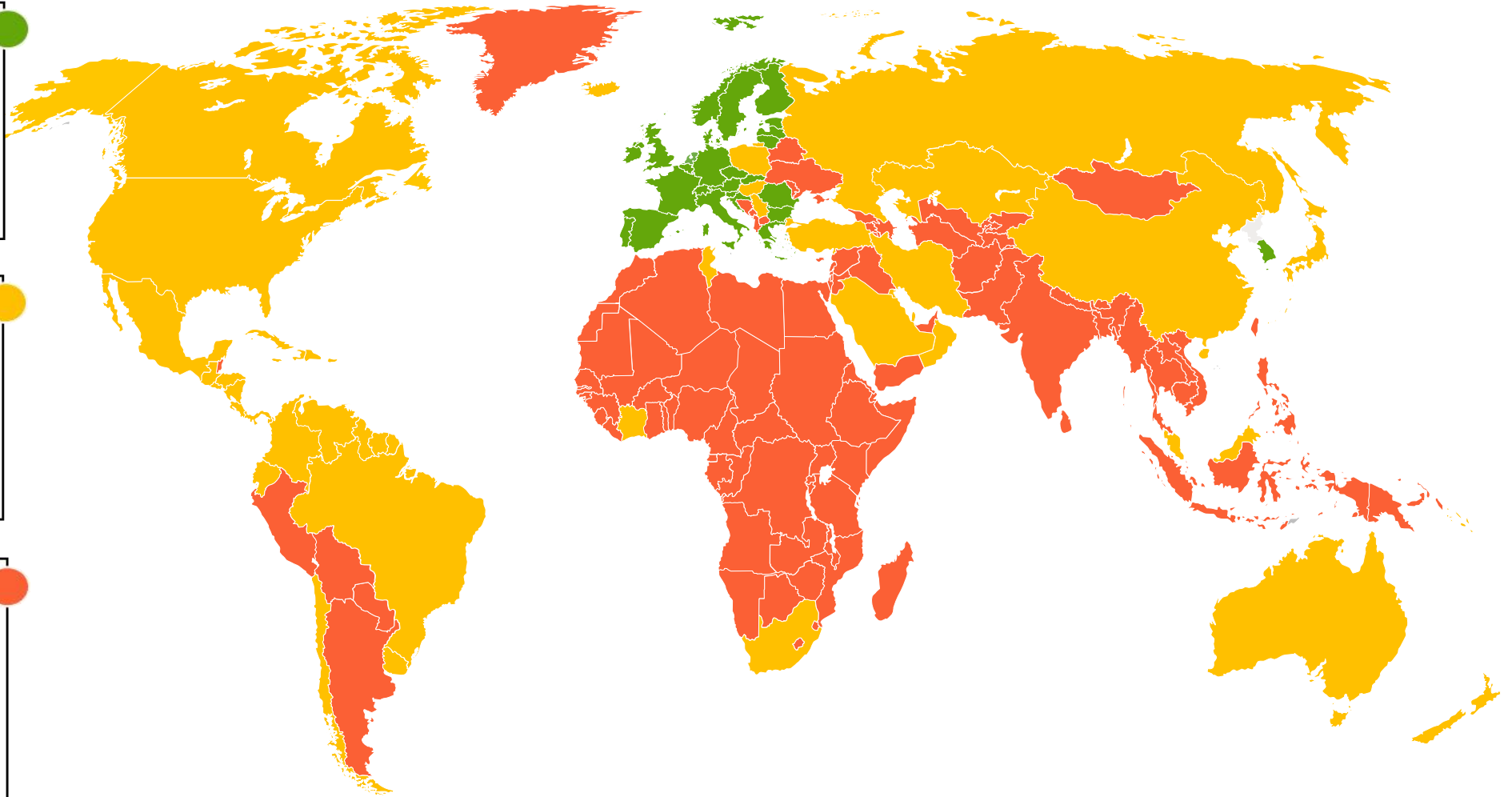
Nestlé Paper-based Rigid & Flexible packaging material demonstrates significantly lower GHG emission compared to standard materials

*LCA studies were performed at the Nestlé Institute of Packaging Sciences

CONCLUSIONS



Most geographies where we operate have limited waste management



Our need: Fit-for-purpose food-grade packaging Innovation

Delivering safe and nutritious food



SAFETY & QUALITY



FUNCTIONALITY



INFORMATION



EOL

Adapting to product and geography



PRODUCT SENSITIVITY



CLIMATE



ROUTE-TO-MARKET



LEGISLATION